

INTERFAITH FOOD PANTRY

Annual Report 2010



Neighbors Helping Neighbors

MISSION STATEMENT

The Mission of the Interfaith Food Pantry is to:

- ◆ distribute supplemental and/or emergency food to eligible Morris County residents in need;
- ◆ provide hands on opportunities for neighbors to help neighbors;
- ◆ educate the public about the issues of hunger in our area.

What is the Interfaith Food Pantry?

The Interfaith Food Pantry is a non-denominational, non-profit 501 (c) (3) organization helping families make ends meet by supplementing their monthly groceries in times of need. Established in 1994, the Interfaith Food Pantry was formed when a group from four local houses of worship decided to address the growing issue of hunger by consolidating their food assistance programs. The objective was to create a central collection and distribution center in Morristown. Our Federal tax-exempt # is 22-3618468.

What We Do The Interfaith Food Pantry provides groceries to eligible Morris County residents. Groceries are collected from a variety of sources: Houses of Worship, businesses & schools, community service programs, local groups and organizations, individuals and families

The Food Pantry purchases food whenever donations run low in order to maintain our goal of providing reliable assistance to the community. We distribute groceries to: Senior Citizens, low-income working families, recently unemployed workers, and other individuals in crisis. Groceries are delivered throughout the county to those who are disabled and cannot get to us.

How Does Someone Get Groceries? Groceries are provided to anyone in need from Morris County who has housing and cooking facilities. Individuals set up an appointment with our Intake Counselor where they will fill out an application and are interviewed to help us assess their need. Our pantry is set up as a Client Choice Program, where clients are allowed to select the food they want from the shelves as if they were in a supermarket. The amount they can take is determined by the size of their family. They may continue to use the pantry as long as there is need.

Where Do Our Clients Come From? All are residents of Morris County. In addition to walk-ins, referrals are made from houses of worship, hospitals and schools. Many are sent by community agencies such as the Department of Aging and Disabilities, Maternal and Child Health Network, NJ Battered Women's Shelter, St. Clare's Behavioral Health Center, Family Service, Homeless Solutions, Inc. and the Mental Health Assoc. of Morris County.

Our clients come from all walks of life. Most are working but their incomes do not keep pace with the cost of living. They are employed as nursing aides, clerical workers, restaurant & retail staff, school employees & day care assistants. In recent months we have seen a large increase in the number of people who have lost their jobs. Others are living on Social Security or Disability. They are grandparents raising their grandchildren and folks living with chronic illness. **They are our neighbors.**



What Else Do We Do? As we determine what other needs families may have, we give them referral information to a variety of resources that provide assistance, such as eyeglasses, day care scholarships, furniture, clothing, etc. Nutrition and making good food choices is the basis for our **"Healthy Choices Program"**. A visiting nurse **screens clients for health issues** like diabetes, hypertension and osteoporosis and our Nutrition educator provides information and counseling to help families understand the link between food and health. She also assists us in securing the most nutritious food possible.

The Pantry also tries to make holidays a little brighter for those in need. We provide **Thanksgiving food baskets and turkeys and December holiday baskets.**

The Food Pantry accepts donations from a variety of local sources that want to help those in need. If we cannot use the items offered we try to match donors with groups who are looking for particular donations. We also provide two emergency food closets located at the Dover and Morristown sites of the County Office of Temporary Assistance. Finally, we help meet the emergency food needs of some of the other non-profit groups whenever possible.

The Interfaith Food Pantry embodies the traditional spirit of neighbors helping neighbors.

Interfaith Food Pantry 2010 ANNUAL REPORT

In 2010 we accomplished the following:

# different households served	4,841		
# different people served	11,583	# lbs. of food distr./yr.	727,133
# of family visits/yr.	21,225	# tons of food distr./yr.	363

Home Delivery Program 2010*

# of home visits	1,747	# lbs. of food distr./yr.	69,043
# of homebound families served	144		
# people served	254		

* #'s included in yearly statistics above.

CLIENT DEMOGRAPHICS

Primary Source of Income		Ethnicity		Age	
Salary	52%	Hispanic/Latino	47%	60+	11%
SS/Pension	10%	Caucasian	37%	19-59	51%
SSI	10%	African American	13%	0-18	38%
Disability	08%	Other	03%		
Public Assistance	04%			Size of Households	
Unemployment Ins.	08%			1 or 2	56%
Child Support	02%			3 or 4	33%
Other	01%			5 or 6	10%
				7,8, or 9	01%

Volunteer Summary

During 2010 **16,020 hours** of volunteer service were donated to the Interfaith Food Pantry. The value of this time is **\$286,178**. Volunteers at the Interfaith Food Pantry perform such tasks as office work, sorting food, restocking shelves in the shopping rooms, transporting boxes of food to the various distribution sites, working on special events, making presentations to groups, giving tours to youth groups, assisting clients during distribution, providing delivery to housebound clients and picking up from the Community Food Bank and area organizations that are not able to deliver their food collections.

Staff Volunteers (284 different individuals)	13,853 hrs
Regular Groups & Short Term Volunteers (1055 individuals)	2,167 hrs
Donated mileage by Home Delivery volunteers	24,657 miles

Client Yearly Family Incomes

\$15,000 or less	56%	\$20,001 - \$30,000	19%	\$35,001 - \$40,000	2%
\$15,001 - \$20,000	17%	\$30,001 - \$35,000	4%	\$40,001 +	3%

HOURS OF OPERATION

Warehouse/Office, 540a West Hanover Avenue, Morristown

For food distribution

1 st four Tues. & Wed. of each month	6pm -8pm
1 st four Saturdays of each month	10am-12pm

To drop off food or visit

Monday - Thursday	9:30am - 4:30pm
Special arrangements may be made by request.	

Pantry, 190 Speedwell Avenue, Morristown

For food distribution only

Tues., & Wed. 9:30am - 12pm	Thurs. 9:30am - 12:00pm	1:00pm - 3:00pm
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REGULAR IFP CLIENTS

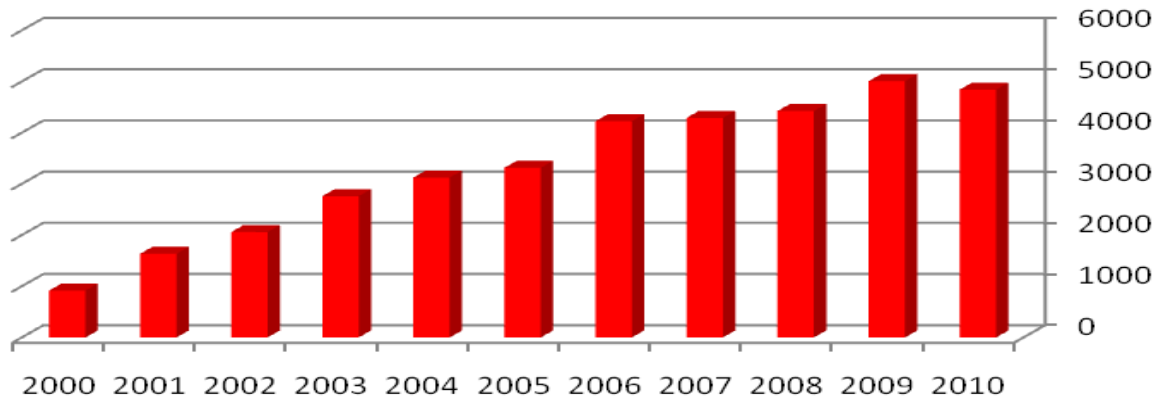
2009

2010

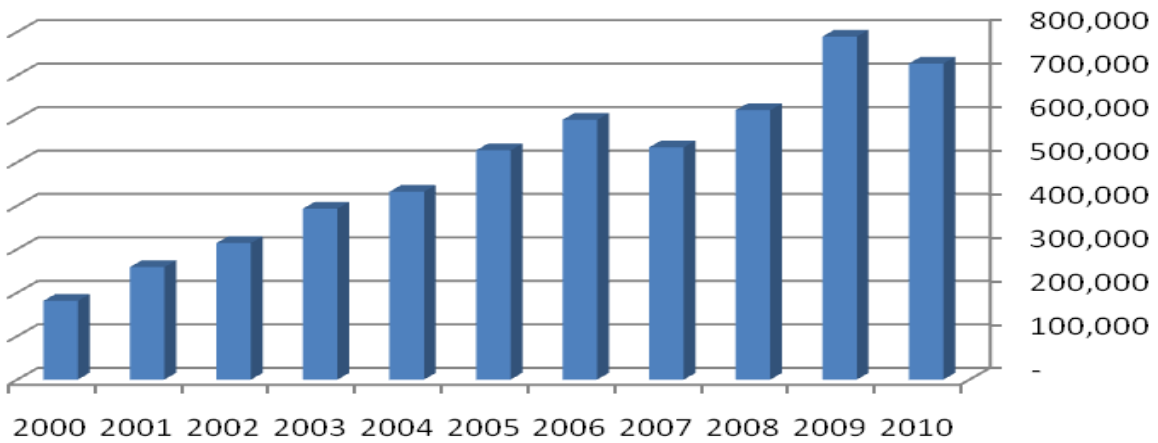
TOWN	#Families	#Families	#People	#visits
BOONTON	51	47	120	330
BUTLER	10	9	23	53
CHATHAM/TOWNSHIP	10	11	29	54
CHESTER	3	2	4	3
DENVILLE	34	37	96	199
DOVER	370	346	1005	2266
EAST HANOVER	1	5	12	41
FLORHAM PARK	12	10	20	81
HANOVER TWSP (WHIPPANY & CEDAR KNOLLS)	21	24	56	174
JEFFERSON (JEFFERSON, HOPATCONG & LAKE HOPATCONG & OAK RIDGE)	16	19	65	110
KINNELON BOROUGH	1	1	2	2
LINCOLN PARK	3	8	16	66
LONG HILL TWP (MILLINGTON, GILLETTE)	3	3	3	36
MADISON	51	43	104	285
MENDHAM/TOWNSHIP	4	6	13	26
MINE HILL	13	10	30	49
MONTVILLE TWP (MONTVILLE, PINEBROOK, TOWACO)	13	12	30	87
MORRIS PLAINS	38	40	83	295
MORRIS TOWNSHIP (INCLUDES CONVENT ST.)	9	5	9	18
MORRISTOWN	728	639	1499	6254
MT. ARLINGTON	5	5	11	61
MT. OLIVE (BUDD LAKE, FLANDERS)	51	63	158	406
MOUNTAIN LAKES	0	1	1	4
NETCONG (NETCONG HEIGHTS)	20	21	49	161
PARSIPPANY TROY HILLS (PARSIPPANY, LAKE HIAWATHA, MT TABOR, LAKE PARSIPPANY)	116	118	258	1022
PEQUANNOCK (POMPTON PLAINS)	10	13	18	67
RANDOLPH (CEDAR GROVE, MT FREEDOM & RANDOLPH, IRONIA)	80	89	252	582
ROCKAWAY/ROCKAWAY BORO (HIBERNIA)	47	44	127	283
ROXBURY TWP (KENVIL, LANDING, LEDGEWOOD, SUCCASSUNA)	33	41	119	241
VICTORY GARDENS	5	4	12	14
WASHINGTON TWSHP (LONG VALLEY, STIRLING)	4	5	6	15
WHARTON	77	73	229	410
OTHER	8	5	15	30
TOTAL SERVED IN MORRIS COUNTY	1,851	1,759	4,473	13,725

****Data on town of residence is only collected on clients using our main distribution centers. The other sites are emergency sites and do not keep this data.**

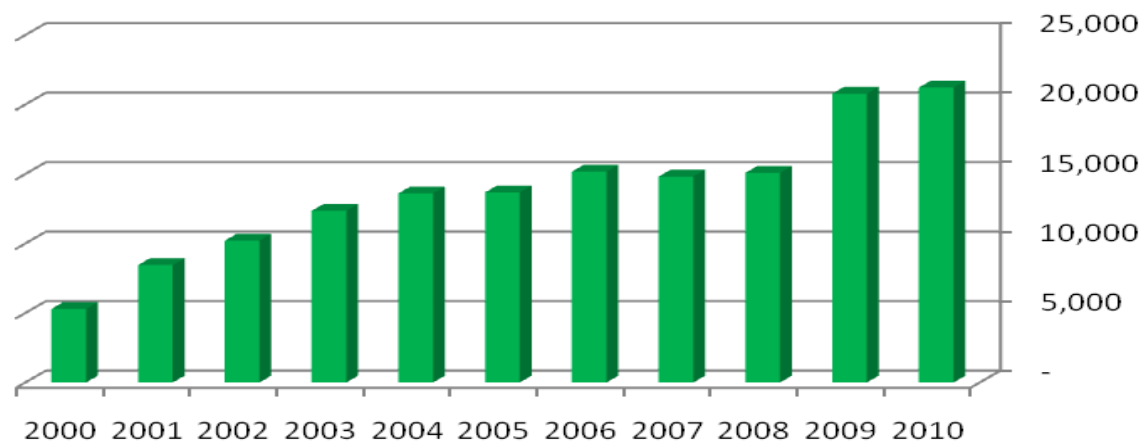
Households Served



lbs. Food Distributed by IFP

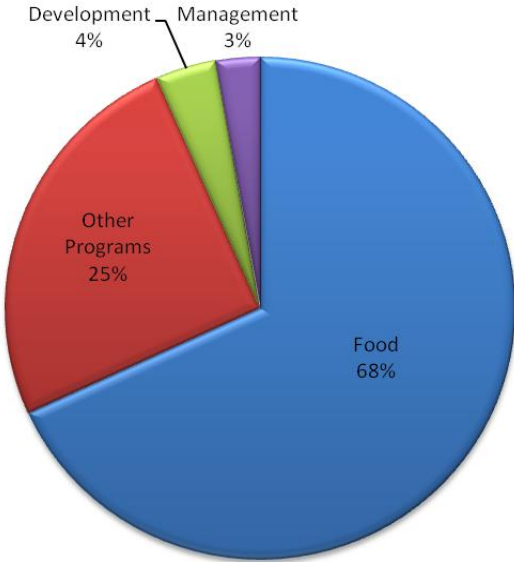


of Visits to IFP



2010 FINANCIALS

2010 Expenses



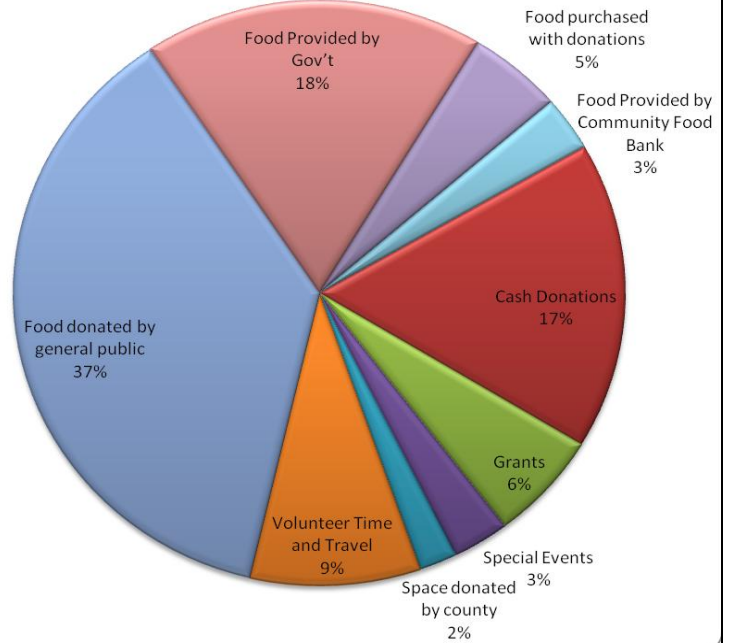
2010 EXPENSES

Food	\$2,133,471	68%
Other Programs	\$789,059	25%
Development	\$120,962	4%
Management	\$86,872	3%
Total	\$3,130,364	

2010 INCOME

Cash donations	\$502,544	17%
Grants	\$201,128	6%
Special events	\$106,506	3%
Space donated by county	\$53,000	2%
Volunteer time and travel	\$297,791	9%
Food donated by general public (59% of food given out)	\$1,191,228	37%
Food provided by Gov't. - USDA & State Food Purchase Program SFPP (28% of food given out)	\$563,367	18%
Food purchased with donations (8% of food given out)	\$158,070	5%
Food provided by Community Food Bank of NJ (5% of food given out)	\$108,765	3%
Total	\$3,182,399	

2010 INCOME - \$3,182,399



Interfaith Food Pantry Programs

Client Choice Program

- Provides clients with emergency and supplemental food during time of need
- Provides clients with access to a variety of food from each food group based on family size, dietary restrictions and personal preference
- Empowers clients to make decisions and restores integrity to the process of receiving food



Healthy Choices Program

- Provides nutrition counseling for prevention and/or management of diet related illnesses
- Provides access to a greater variety of nutritious foods that may not typically be available at food pantries (i.e., fresh dairy, lean proteins, low sodium options, gluten free foods and fresh fruits and vegetables)
- Increases fresh produce by working with communities and groups to set up gardens for IFP.
- Educates client about how to grow their own food in limited space.
- Instructs clients on how to prepare available foods in a nutritious manner
- Offers a series of health and nutrition related workshops for children of clients
- Provides screening for potential health risks, e.g., diabetes, hypertension, obesity and osteoporosis



Working Families Access Program

- Provides low-income working families access after work on Saturdays, Tuesday and Wednesday evenings.
- Provides them with a variety of resources such as NJ Family Health Care, EITC, and low cost child care options.
- Provides access to programs usually unavailable in the evening such as screening for government programs (food stamps and medicare) and opportunities to meet with counselors from programs such as NJ Family Health Care.

Home Delivery Program

- Works to enable home-bound elderly, disabled and medical fragile clients to remain living independently by pairing them with volunteers who bring the food into their homes.
- Attempts to meet dietary restrictions related to their medical needs wherever possible.
- Allows opportunity for community involvement for those who are not available to volunteer during daytime hours.

Family Self-Sufficiency Program

- Enables easy referral to services such as medical and behavioral health care, eyeglasses, furniture, home energy assistance programs, EITC, low cost child care options, prescription assistance programs, furniture and clothing referral resources.
- Provides referrals to job fairs and training programs
- Provides workshops for low income families to explore ways to become more financially independent. These include topics such as budgeting, setting up bank accounts, information and availability of other services such as tax relief advisory, home heating assistance and other cost savings programs.

Youth Involvement Program

- Provides hunger-related educational and hands on sessions for civic, scout, school and worship based youth groups through volunteer-conducted after school activities.
- Provides opportunities for groups to volunteer on weekends and assists them in developing their own activities off site.
- Provides education about local hunger issues and the IFP role in the community via presentations to schools, scouts, civic and worship based youth groups at their facilities.
- Allows individual youths to volunteer on a regular or as-needed basis.



Community Awareness Program

- Enables IFP to provide public education about hunger and related issues through printed material, presentations and various forms of media.
- Enables IFP to provide public education about the IFP mission, goals and its need for community support and involvement.
- Enables IFP to promote awareness about the program to those who may need assistance
- Promotes volunteerism and advocacy through social networking.

Advocacy Program

- Offers opportunities for community involvement through awareness of legislative impact on hunger and related issues.
- Offers opportunities for families and individuals to participate in public awareness and activism campaigns such as the food stamp challenge, letter writing, brown bagging, etc.

Volunteer Program

- Provides opportunity for community involvement for individuals, families, civic groups, houses of worship and corporations.
- Allows members of the community to connect with their neighbors and become part of the solution.
- Enables IFP to be cost-effective, using donated services to expand programs while keeping administrative cost low.
- Provides resources to IFP through fundraising programs and community-wide food drives.
- Promotes advocacy and awareness through social networking.



Thanksgiving and December Holidays Program

- Allows clients to provide their families with appropriate meal for the holidays
- Provides opportunity for community wide involvement via food drives and volunteer opportunities



BOARD OF TRUSTEES

President - Russ Hall - Community Volunteer
Treasurer - Stuart Wiet - Community Volunteer
Secretary - Wendy Potkay - Community Volunteer
Vice Pres. - Ann Marie Manahan - Community Volunteer
Rob Baumeister - Refined Sight, Inc.
Rachel Carter, Esq. - Graham Curtin, PA
Igor Fastov - Merrill Lynch
Bruce Galton - Community Volunteer
Deacon Mike Hanly - Assumption Church
Karen Jones-Williams - Morris School District
John Kraeutler - KHFM LLC
Chris MacDonald - Community Volunteer
Pam Palumbo, MPA, CFRE - Homeless Solutions
Francisco Parra - St. Clare's Hospital; FDU
Greg Supron - Community Volunteer

STAFF

Executive Director - Rosemary Gilmartin *
Assistant Director - Carolyn Lake
Food and Facilities Manager - Scott Lawton
Nutrition Educator - Katy Galton
Office Manager - Dana Haddorff
Volunteer Coordinator - Doug Mc Mahon
Client Services Manager - Liliana Henao
Distribution Manager - Diana Garcia
Operations Assistant - Victor Cataldo
Warehouse Assts. - Tony Aviles & Mike Budrick
Office Asst. - Lenora Caamano

* also member Board of Trustees



AGENCIES REFERRING CLIENTS IN 2010

Caring Partners
Cerebral Palsy of New Jersey
Community Hope
Community Soup Kitchen
County College of Morris Women's Center
Dawn Center for Independent Living
Division of Youth and Family Services
Family Service of Morris County
First Call for Help
FIS
Gateway NW Maternal and Child Network
Head Start
Homeless Solutions
Hope House
Interfaith Council for Homeless Families
Market Street Mission

Mental Health Association of Morris County
Morris County Division of Aging and Disabilities
Morris County Head Start
Morris County Housing Authority
Morris County Nutrition Program
Morris County Office of Hispanic Affairs
Morris County Office of Temporary Assistance
Morristown Memorial Hospital
Morristown Neighborhood House
New Bridge Services
NJ Battered Women's Shelter
Our Place
Pequannock Health Department
Roots and Wings
St. Clare's Behavioral Health Center
Workforce NJ