

Celebrating 20 Years of Neighbors Helping Neighbors

Notes From The Pantry

From the Executive Director

Dear Friends,

Hallelujah! Spring is finally here. It is so great to look out my window and see people working on our new Community Garden rather than mounds of snow, and it makes me excited to think about all the new projects we are undertaking!

Our Community Garden has been expanded and there are now 12 planting beds with four more raised beds coming in June. Our Garden Manager, **Erin Long**, has been hard at work with her fabulous committee of volunteers planning what produce to plant, building beds, developing educational workshops and searching for donations of the items we still need. The seeds Erin and volunteer **Ed Murphy** planted at the CCM greenhouses are all sprouting and just waiting for it to be safe for the planting outside to begin! We hope to be hosting some events later this summer so be on the lookout for announcements!

Bill Zackoff, our Food and Facilities Manager, has been hard at work on a new Food Rescue Program that we are developing in conjunction with the **Community Food Bank of NJ** with **Kings Food Markets**, **Morristown**, **Greater Morristown Shop Rite** and **Stop and Shop of Morris Plains**.

As we mentioned in the last newsletter, our Client Services counselors, **Liliana** and **Diana** and Volunteer Coordinator, **Doug**, have really been overwhelmed with trying to handle the increase in clients and volunteers. In the last two months alone we have registered 138 new clients which is almost double the number for the same time period in 2011.

We now have food distribution sessions six days a week including two evenings. Our volunteer pool has grown by 27% and now numbers over 2,300 people. **Clearly they needed more help.** As you know, the **Raymaker Family** came to the

Current Needs

- Shelf-stable milk (Parmalat)/Dry milk/Evaporated milk
- Soups (regular, hearty and low sodium)
- Canned fruit
- Peanut butter
- Mac 'n Cheese
- ▶ Pasta and Spaghetti or Tomato Sauce
- Canned beans (pork & beans, pinto, red & white)
- Canned vegetables
- Canned meats and meals and tuna fish
- ▶ Rice white or brown (1 or 2 lb. size)
- ▶ Rice-a-Roni, Instant Potatoes, Hamburger Helper, etc.
- Ensure or Boost, and Glucerna or Boost Glucose Control
- Baby food Stage 1 fruits & vegetables
- 100% Juice (32 oz)
- ► Tea Bags (100 ct. boxes)

rescue and agreed to match any donations to this cause up to \$30,000 to make it possible for us to add to the staff. At the Gala we asked for help and folks really responded.

All this has made it possible for us to begin to add some new faces. In Client Services, volunteer **Anne Kneller**, has been working for us for a few months serving as part time Volunteer Training Coordinator. In June our Garden Manager, **Erin Long**, will be adding hours and will now also be assisting Doug with corporate group volunteers and will be helping Katy and Bill with volunteers working with our fresh produce and food recovery program. Finally, our graduate intern, **Christina Hipp**, will be returning in July as a part time employee working with Liliana helping with the Home Delivery Program, doing intake interviews and supervising some of the distribution sessions while she finishes her master's in counseling.

During the next year, as we raise additional funds, we will be adding a part time case manager who will work with individual clients helping them to find resources to assist them in dealing with the many issues they face. **Help is on the way!**

In reading over this newsletter, before I wrote my remarks, I could not help but be struck by just **how many people it takes to make IFP what it is.** From food drives and fundraisers to building bicycles for children of our clients. There are kids giving up gifts for birthdays and bat mitzvahs to ask for food instead. As you can see from the Gala page, there were hundreds who donated in some way in addition to the many volunteers who worked on committees and during the event. The sheer number of people supporting us, in one way or another, is staggering, and we always struggle to select a precious few to put into the newsletter to share with you.

Clearly it does "take a village" and we are so grateful to each and every one of you. If you have not had a chance to come up and see our wonderful facility yourself we invite you to call and we'll be happy to give you a tour. We thank you all for caring and wish you a happy, healthy summer!

Rosemary

2014 Golf Outing

Save the Date!

Join the fun for a good cause at our 9th Annual Golf Outing,

September 29 at the Mount Tabor Country Club. Foursomes sell out fast—so register early! Sponsorships are also available and an excellent way to support the IFP.

For more information, go to www.mcifp.org.

Boy Scout Troop 25 Does It Again!

Marking their 15th year of donating to the Interfaith Food Pantry, **Boy Scout Troop 25** of Madison organized a very successful food drive, gathering more than 3,000 pounds of food from Madison residents! Thank you, Troop 25 - and all the generous residents of Madison, too!

A Family of Caring!



Pictured above, IFP volunteer **Mike Manley** takes a break with his young cousins **Liam** (7) and **Tommy** (5) **Corrigan**.

Mike Manley and his family from Morris Plains have been long-time supporters of the IFP. They began their involvement when Mike was in 4th grade organizing an annual kickball tournament for his neighborhood friends dubbed "Kick or Treat" since it took place around Halloween. Admission to play was a bag of food and has now become an annual event. His sister, Veronica, has forgone birthday gifts in lieu of food for the past 10 years. The family has contributed more than 2,700 pounds of food! Now a Freshman at Seton Hall University, Mike recently began volunteering regularly at the IFP.

Youth In Action

It's a Spirit Thing - and Has Been For Years!

As a component of its monthly "School Spirit Days," **Rockaway Valley School** of Boonton Township conducts a friendly food donation competition between grades, gathering - month by month - hundreds of pounds of food for the IFP each school year. In the first quarter of 2014 alone, we received 328 lbs. of food. We are grateful for the many years of RVS' support!



Above, IFP volunteer Lloyd Williams (I) picks up a 'Spirit Days' donation from Rockaway Valley School custodian George Scillia.



We are grateful to **Carly Homler**, shown above with her mom, **Stacey**, and brother **Ryan**, for her donation of food received in lieu of Bat Mitzvah gifts.

Food Drive Honor Roll

Boonton High School Wins Competition Again!

Each year **New Jersey Assemblyman Anthony Bucco, Jr.** sponsors a food drive competition among high schools in his district that culminates on Election Day. The top three high schools win a day in Trenton with the Assemblyman. For the fourth year, **Boonton High School**, the Assemblyman's alma-mater, has won, donating nearly 5,000 pounds of food over the course of four consecutive years. Congratulations - and a hearty Thank You!



IFP volunteer **Abby Moller** (left) poses with **Boonton H.S.** students and their teacher **Beth Forward** (back row), while visiting the IFP .

Let's Ride!

Several of our young clients received a special surprise in March - new bikes! Donated by **Hillsborough High School's RoboRaiders** robotics team, the bikes were built as part of a competition held at **Mount Olive High School**. After a tour of the competition area, the youngsters received the bikes to take home. Thanks for a very special day and a wonderful surprise!

In Our Clients' Words "What the IFP Means to Me..."

"IFP really helps families in need, God bless this place and these people."

.....

In addition to those mentioned elsewhere on this page, we are extremely grateful to all who conduct food drives for the IFP throughout the year. The following youth groups each gathered over 100 pounds of food from January - March, some with additional monetary donations. They all helped to keep the Pantry shelves stocked during this long, cold winter. A big THANKS to all! (*In lbs.*)

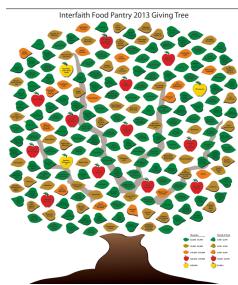
Assumption School: 1,459 Cub Scout Pack 513: 1,270 St. Elizabeth's Nursery & Montessori Schl: 760 Parsippany Hills High School: 741 Morris Knolls High School: 697 Shongum Elementary School: 697 Randolph High School: 628 Washington Avenue School: 594 Ironia Elementary School: 521 Girl Scout Troop 270: 480 Girl Scout Troop 4527: 458 Cub Scout Pack 6: 284 Salem Drive Elementary School: 261 Mendham Township Elementary School: 190 St. Virgil's School: 189 Lawton C. Johnson Summit Middle School: 184 Girl Scout Troop 5625: 171 Girl Scout Troop 469: 154 Chatham Middle School: 126 Hebrew Academy of Morris County: 124

In the Spotlight

2013 Giving Tree Unveiled!

On Friday, April 11, about 100 people - families, individuals and friends from the many companies, houses of worship and civic groups who

made leadership contributions in 2013 joined us for the unveiling of our 2013 "Giving Tree" which is displayed in our lobby (and pictured right). Leaves and apples adorn our lobby wall displaying the names of all those who made cumulative donations of 1,000 or more pounds of food or monetary



donations of \$2,000 or more in 2013. If you haven't seen our tree yet, please feel free to stop by!

It's A Challenge!

Our last newsletter detailed some of the challenges that we are currently facing as our program continues to grow. With more than 345 "staff volunteers" and more than 4,400 families turning to us for help, our staff of two counselors and one volunteer coordinator is stretched way too thin.

The Raymaker Family of Madison recognized our need for additional help in these areas, and issued a challenge grant agreeing to match dollar for dollar anything we raise up to \$30,000. Thanks to the generosity of our supporters, we have already raised \$25,000 toward our goal! If you are interested in donating to this special campaign, visit the "donate now" button on our website www.mcifp.org and select "Challenge Grant" or call Carolyn at 973-538-8049, ext. 211 for info.

IFP Wins Award for Environmental Awareness

While our primary mission is to provide food, nutrition education and related resources to Morris County residents in need, IFP also tries to be consciously aware of the environment by following the "green" philosophy of reduce-reuse-recycle.

On March 15, the IFP received the "Boggie" award from the Garden State GreenFest Award Committee at a ceremony held at Kean University. The award is presented to



IFP Community Relations & Development Associate Joanne Rinaldi Brashier (center) receives award from Mary P. O'Malley of Prudential Insurance Company and actor/activist Ed Begley, Jr.

individuals and organizations who are acting in an environmentally responsible way. This year the awards were presented by actor and activist Ed Begley, Jr. and Mary O'Malley, Vice President of Environment and Sustainability for the Prudential Insurance Company of America.

Did You Know?

According to the USDA, 27% of all food produced each year in the U.S. is thrown away at the retail, consumer and food service levels including supermarkets. Here in the U.S., we throw out hundreds of millions of pounds of food each day. Much of what is tossed out is actually perfectly edible surplus food. This year, in partnership with the Community Food Bank of New Jersey, the IFP will begin to reclaim food from area supermarkets - just another way for us to provide good, nutritious food for our clients, eliminate waste and be environmentally conscious at the same time...a win-win for all!

Looking Ahead - Special Needs

Summer Can Be Quite a Challenge!



Summer months pose extra challenges for the IFP. With children out of school for the summer, many families' whose children receive subsidized or free breakfast or lunch programs, are now being fed at home. At the same time, many of the groups that regularly collect food for us, such as scouts, houses of worship and corporations, are also enjoying the vacation season. The result puts a tremendous squeeze on our food supply - But You Can Help! Will you be involved with a swim team, summer camp, tennis center or other group that might be willing to help us keep the shelves stocked this summer? Consider organizing a food drive or fundraiser! It's easy and fun. Resources can be found on our website at http://www.mcifp.org/fooddrive.htm.

School Supply Drive

With the help of our Corporate Advisory Council we will once again be conducting our "We've Got Your Back" backpack drive this summer.

Donations of school supplies such as neutral colored backpacks, binders, folders, markers, colored pencils, etc. will be collected this summer to assist families with this expense. A detailed list of needs will be provided on our website in June. If you would like to organize a drive, give us a call at 973-538-8049.

Our Annual Spring Gala Celebrating 20 years **Platinum Sponsor** PGROUP neighbors helping neighbors **Gold Sponsors** Jersey Central FirstEnergy Power & Light oundation A FirstEnergy Company "Sowing the Seeds of Hone" **Silver Sponsors** AVISON Church of the Assumption **DUNG** Smolin Lupin onecallcare^{*} CERTIFIED PUBLIC ACCOUNTANTS MANAGEMENT AND CONSULTANTS

Thank You to Our Gala Supporters!

The Birchwood Manor Conway Wealth Group IMS Health

Analytic Stress **BCB** Community Bank BGIA Bohler Engineering Capital One Carchia Financial Management Group Caristia, Kulsar & Wade LLC CHN PPO, Consolidated Services Group Chubb Group Church of Christ the King Church of St. Joseph Cold Storage 2 Go Colonial Title & Abstract Service Columbia Bank Dangler Funeral Homes

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23 South Aires Jewelers Amici's Hair Salon Anthony's Pizza & Pasta Arthur's Tavern Basking Ridge Country Club **Bernards Salon** Bistro Seven.Three. Mary Brennan and Lance Cassak Brick Oven Brightest Star Performing Arts Brookside Diner Burrini's Olde World Market Café Fiori Callahan & Fusco, LLC Cappia Café C'est Cheese Chelsea Piers Management, Inc. Chester Meat Market Cosy Cupboard Denville Dairy DePasquale, The Spa Edible Arrangements of Denville

Digital Cinema Destinations Corp Empowered to Heal First Baptist Church of Morristown First Presbyterian Church of Mendham Fraternal Order of Eagles Fulton Bank Graham Curtin Ed Gravenhorst & Co. Haven Savings Bank Holy Rood Cemetery Housley Financial Services Intac Actuarial Services Integrity Advisors Kaye Cooper Kay & Rosenberg LLP Kiwanis Club of Randolph

Enjou Chocolat

Gilmartin Family

Hanover Marriott

Hilton Short Hills

Hyatt Morristown

Kramer Portraits

Gail Lingerman

Lotus Mind & Body

Lovey's Pizza & Grill

Long's Travel

Lake Family

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Iron Bar

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Auction Donors

Community Sponsors

Kings Food Markets

Lanca Sales

Trish Luing MacDonald Family Don Macgowan Maersk Line Magnolia Activeware Mayo Performing Arts Center Susan Maziarski Nora McLaughlin Nancy Metz Abby Moller Mongey's Management Co, LLC Morris Animal Inn Morris Museum Morris Tap & Grill New York Red Bulls Nick Levitin Photography Ninety Acres Restaurant Notre Dame of Mt. Carmel Church NY Skyride Paper Mill Playhouse Paradise Pen Co. Pete's Restaurant & Pub Barbara & Konstantine Petrakis

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In Memory of Paul Mosteller from his loving family

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> Shushma and Pradeep Thakur The Bernards Inn The Grand Café The Jerzey Derby Brigade The Madison Hotel The New York Jets The Park Avenue Club The Shops at 14 Pine Street The Urban Muse The Wellness Center The Westin Governor Morris and the Blue Morel Restaurant Tiffanv's Verona Restaurant Walpole Woodworkers Walt Disney World Wendy Whiting Windswept Boutique Withum, Smith & Brown Eileen Witkowski Wyndham Exchange & Rentals Wvndham Hamilton Park Hotel & Conference Center Sharon Zuckerman

But wait... there was more!

Gala Celebrates 20 Years of Neighbors Helping Neighbors

The Interfaith Food Pantry's annual Spring Gala is a huge help as it raises much needed funds to support our programs and make it possible to purchase food whenever supplies run low. The event also gives us an opportunity to recognize some of our special supporters and to have a great deal of fun!!

On Friday, March 28, almost 200 people joined us at the Birchwood Manor in Whippany for our Gala -"Sowing the Seeds of Hope - Celebrating 20 Years of Neighbors Helping Neighbors." More than \$119,000 was raised through sponsorships, ticket sales, monetary donations and auction proceeds.

The story of a very special IFP client, Jessica Samayoa, capped off an already eventful night. Her teenaged children represented her at the Gala when she was too ill to attend. Her daughter filled Jessica's shoes by telling her mom's story of job loss, financial hardship, and eventual turn to the Pantry for help when there was no food. The good news was that Jessica found a job and now volunteers with her daughter at the Pantry. They have personally experienced what a difference the IFP can make in one's life! Following this moving presentation, on-the-spot fundraising gathered an additional \$25,000 in donations toward the Raymaker Family Challenge Grant. These funds will provide for additional client services and distribution support and brought the final Gala total to \$144,000!

Our thanks to radio personality Steve Pellettiere (of WMTR and WDHA radio Ion Weather fame), who helped with the Challenge Grant fundraiser and also conducted a spectacular live auction. Some of the amazing prizes auctioned in both the live and silent auctions included a week's vacation in Stone Harbor, a diamond and emerald ring, a New York City package, and private dinner at the chef's table at Morris Tap & Grill. Matt Pellettiere did a great job as our DJ.

We are grateful to Kings, who sponsored the auction and donated the beautiful centerpieces, and to Rob Baumeister and his firm Refined Sight for printing and donating all our invitations, programs and event signage!

The Lapp Group was recognized as our Pantry Partner Award winner for their partnership with the IFP in the effort to end hunger. The Lapp Group has been involved with the IFP at many levels since 2010, when president Marc Mackin connected with us through the Morris County Chamber of Commerce. The Lapp Group has been a significant contributor to many of the pantry's programs, providing financial sup-



Foundation port, expertise and volunteers. Several years ago. Marc was instrumental in developing the Pantry's "We've Got Your Back" program, which supplied over 500 children with back-toschool supplies.

Marc Mackin (I) president of the Lapp Group with Keith Myrick, COO of Lapp Supply Chain.

Jim Fakult, JCP&L President, accepted the Outstanding Service Award presented to JCP&L and its parent company FirstEnergy Corporation. This award recognized their many years of support and the positive impact they have had on our community and clients. The company reaches out to help neighbors and friends by supporting the communities where they live and work, and their employees enthusiastically volunteer their time and contribute financial support to a variety of community efforts. Employees in the Morris County offices have raised more than \$20,000 for the IFP, and have also volunteered over 160 hours at the Pantry.



Pictured above are team members from JCP&L/First Energy Corporation, our 2014 Outstanding Service Award Winners. President Jim Fakult, third from right, accepted the award.

We are so grateful to all those who helped organize this important event, including our generous donors, a tremendous Board of Trustees, and all the wonderful volunteers who worked on the event that evening. Special thanks to our fabulous Spring Gala Planning committee, led by Gala Co-Chairs Katherine and John Mitros, and John's firm Smolin Lupin, whose work securing Gala sponsors, advertisers and special items for our auction were invaluable.

Katherine and John were joined on the Committee by Rob Baumeister, Isabel Figueredo, Joyce Garrow, Susan Groll, Tom Ireland, Anne Kneller, Nathaniel King, Trish Luing, Carolyn Lake, Christine MacDonald, Marc Mackin,

Barbara

Petrakis,

Brashier.

Shushma

Thakur and

Tracey Polifka,

Wendy Potkay,

Joanne Rinaldi

Celeste Stracco,

Wendy Supron,

Elaine Vincent.



Spring Gala Co-Chairs Katherine and John Mitros seated (I) at the Smolin Lupin table.

This was an incredible team and we so appreciate all their hard work.

Here 'n' There

Soup's On—A SouperBowl of Food!

Many of our loyal supporters turn all the brouhaha around the Super Bowl into a fun way to raise awareness about hunger - and gather food to help the hungry. Here are just a few who sponsored "SouperBowl" events this year!



Nate and Travis Miller along with friends Colin and Caitlin Tiwar from St. Thomas More Church in Convent Station collecting food and funds outside the Cedar Knolls Foodtown the Saturday before the Super Bowl.



Pictured above: Patty Hellpenstall with members of the Presbyterian Church, Mendham youth group, presenting a check for \$1,004.77 to IFP Volunteer Coordinator Doug McMahon (back row), gathered through its "SouperBowl" fundraiser in February. While visiting, they also packed Easter/ seasonal themed "Bunny Bags" filled with chocolates, colored pencils, and coloring books for client children. Sometimes the lure of wearing sports attire to work can really rev up a food drive. Such was the case at IFP corpo-

rate supporter **Mondelez**, where employees were encouraged to donate cans of soup in order to wear their favorite sports



team jerseys before the big game. Congratulations to the **Tech Center** for donating the most cans - over 40% of the 468 cans of soup gathered!



Shannon Jones (I), Youth Director of St. Jude Church in Flanders, visits our pantry while delivering a \$1,269.95 check earmarked for fresh produce for our clients to Katy Galton, IFP Nutrition Educator. To raise the funds, St. Jude Confirmation classes hosted a football-themed bake sale, and younger students gathered monetary donations or cans of soup at the church doors after Masses on Super Bowl Sunday.



CIT - GLOBAL FOOD DRIVE

CIT's Livingston - based employees personally donated over **82,000 lbs**. of food to local food pantries. **35 tons** came to the IFP which will be a huge help in meeting the need. What a great team effort! Special thanks to **Sabriya Williams** for coordinating the event & CEO **John Thain** for his strong support!



Above, **Tom Rebele**, **manager** of **Morris Plains Stop & Shop**, delivers a check for \$4,327 raised during their "Food for Friends" program to IFP's Nutrition Educator Katy Galton.

'Heartfelt' Giving

We are grateful to **D&B of Parsippany** and its employees for their generous donation of \$1,400. Employees gathered \$700 in its Valentine's Day "Thank You" candy sale, and the company matched it!



Pictured left to right are IFP's Volunteer Coordinator **Doug McMahon** and Director of Community Relations and Development **Carolyn Lake**, with IFP volunteers and **D&B** employees **Tom Bontempo** and **Pam Gold**.

O'Mealia Special Events Puts the "MEAL" in its Annual Event

For the past five years, business owner Mary O'Mealia of O'Mealia Special Events has held a Valentine's Day open house for friends and associates. Local chefs and musicians provide time and talent in a party setting in exchange for donations to local pantries. This year, the Interfaith Food Pantry received \$600.00 and 380 lbs. of food from the estimated 85 to 100 guests in attendance. Thank you to Mary and all her guests!

Volunteer News

Trisha Luing

Michael Manley

Melissa Marchese

Samantha-Lee Pretorius

Janice Monahan

Jennifer Wyckoff

Karen Perrucci

Niki Tsalikas

Hello New Volunteers!

Phil Alcock Maryellen Baker Cheryl & David Bahn Greg Barna Judy Bassaline Pam DeBlock Jeanne Eisle The Eliades Family

Marjorie Espersance Debbie Finn Shana Finnerty Alberto Hisciano Lois Huhn Jeff Glenn Donna Libretti-Cooke Erin Long



Marcia Hadley (3rd from left) with a group of Macy's volunteers help prepare produce for clients.

Virtually There...





Employees of Solix helped us stuff Goody Bags for the Spring Gala.

At left, are three first grade teachers from Fernbrook School in Randolph, who conducted a virtual tour of the IFP when they delivered the 593 lbs. of food gathered as part of the school's 100th day celebration.

Celeste Stracco, an IFP volunteer and retired Randolph teacher, followed up with a visit to the school to close the project cycle by explaining the pantry's mission to the students.

Healthy Choices

Say 'Cheese'

We are grateful to Arla Foods for its generous donation of 2,229 pounds of individually-wrapped wedges of cheese. Pantry clients truly enjoyed this delicious bounty!

Sowing Seeds?

As you plan your home or community garden, please remember the IFP and plant an extra row or two for donation to the Pantry. Our clients enjoy having fresh produce options, and are very grateful to our fresh fruit and vegetable donors too! For more information contact Katy Galton, Nutrition Educator, 973.538.8049 ext. 216.

Cooking Together...

Special thanks go to the Junior League of Morristown for its recently completed series of family cooking programs that encouraged parents and children to have fun cooking together. Recipes included such favorites as "Healthy Pizza" and "Fun Fajitas", as well as helpful hints for using fresh vegetables and having "Breakfast Anytime." They also hosted demonstrations preparing family friendly meals and snacks.



An eager program participant gets a helping hand during cooking class.

Goodbye To Old Friends!

Our thanks to these departing volunteers:

im Flinn
harles Forsythe
avid Gibson
aroleena Goldman

Felysse Goldman Heather Molnar Donna Rosenthal Kelly Thomas

OUR DEEPEST SYMPATHIES To volunteers Connie Cohen on the passing of her husband Jack and Don Macgowan on the loss of his wife Carol.



Spring Cleaning?

As Spring seems to be finally arriving, we have been busy getting ready for our new on-site community garden, where we will grow some of the fresh produce our clients long for. Recently we added 6 additional beds and planting will begin soon.

We have a limited budget so we need some help. Perhaps you have unwanted or extra tools that would help us make the garden extra productive. If you can help by donating any of these or have ideas about anything else that might be helpful, please contact our Garden Manager Erin Long at erinlong@mcifp.org.

We are looking for the following items:

<u>Items</u>	<u># Needed</u>		
Garden Gloves	10-15 pairs		
Garden Shears	2-3		
Cultivators	2-3		
Metal Rake	1		
Hand Trowels	5-7		
Knee Pads	3-5		
Hoes	1-2		
Watering Cans	1-2		
Garden Fork	1		
Rain ponchos	any in good shape		

2 Executive Drive Intertaith Food Pantry

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Return Service Requested

TOO MUCH MAIL?

interfaithfoodpantry@mcifp.org or email our mailing list. Call 973-538-8049 newsletter, or to be removed from electronic delivery of our Please let us know if you prefer

Lenora Caamano, reception/client services Katy Galton, nutrition educator Diana Garcia, distribution manager Liliana Herrera, client services manager Christina Hipp, client services assistant Anne Kneller, training coordinator Carolyn Lake, director of community relations & development Erin Long, community garden manager Doug McMahon, volunteer coordinator Maureen Papili, office manager Barbara Petrakis, reception/development Wendy Potkay, business manager

Bill Zackoff, food and facilities manager

Board of Trustees

Meets 7 p.m. on third Wednesday of the month

Greg Supron, president

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Rachel Cushing, secretary

Stuart Wiet, treasurer

Russ Hall

Karen Jones-Williams

Marc Mackin

Tracey Polifka

Chris Richter

Rosemary Gilmartin, executive director

Staff

Tony Aviles, warehouse assistant

David Bean, warehouse assistant Joanne Brashier, community relations/

development associate

1st four Thur. of each month 1 pm - 3 pm 1st four Sat. of each month 10 am - 12 noon Food Distribution - Satellite Pantry 190 Speedwell Ave., Morristown Tuesday 9:30 a.m. - 12 noon Wednesday 9:30 a.m. - 12 noon

Thursday 9:30 a.m. - 12 noon

Fridays by appointment

Food Distribution - Main Pantry/Warehouse 2 Executive Drive, Morris Plains

1st four Mon. of each month 1 pm - 3 pm

1st four Tues. of each month 2 pm - 4 pm

1st & 3rd Tues. of each month 6 pm - 8 pm

 1^{st} four Wed. of each month 6 pm $\,$ - 8 pm $\,$

Monday - Thursday 9:30 a.m. - 4:30 p.m.

2 Executive Drive, Morris Plains

Our Mission

► To improve the health and well being of

Morris County residents in need by pro-

and related resources.

community.

neighbors to help neighbors.

viding access to food, nutrition education

► To provide hands on opportunities for

► To raise awareness and understanding

about the issue of hunger right here in our

Hours

Food Drop-off, Tours & Visitors - Warehouse

Lbs. of food distributed

Avg. # households per month

Avg. # people fed per month

Avg. lbs. food per month

Households served

People fed

Hispanic/Latino

African American

Caucasian

18 and under

50 and over

60 and over

Other

Statistics

Calendar

May 31 - June 14

Kings Food Markets

In-store Food Drive

Month of September

McMatch Morris County Food Drive

September 29

IFP Golf Outing

Mount Tabor Country Club

October 5

Action Against Hunger Food Drive

201,984

1,800

4,199

1,123

2,664

67.328

33%

50%

14%

3%

35%

26%

14%

Client Ethnicity

Age

January 1 - March 31, 2014

SPRING APPEAL

Hunger doesn't take a vacation! Can you help us stock our shelves this summer?

Name:	_ Organization:			
Address:	City:	State:Zip:		
Phone # :	E-mail Address:			
Gift Amount: \$	Checks should be made	payable to Interfaith Food Pantry		
If you prefer, you can make a one-time or recurring donation through our secure server at www.mcifp.org and click "Donate Now"				
We also accept [] Master Card or [] Visa				
Card #:	Expiration Date:	Signature:		
If you are making this donation as a tribute, please complete below and we will mail out a personalized card for you.				
Recipients Name:				
Recipients Address:	City:	State:Zip:		
Date to send out: Sign the ca	ard:			
TYPE OF TRIBUTE: []Happy Birthday, []Anniversary,	[]Teacher's/Coach's gift,	[]Bar/Bat Mitzvah, []Thank You,		
[]Sympathy or memorial, In memory of:		, [] Other		

[] I am enclosing a matching gift form from my company. [] Please remove my name from your mailing list.