



Over 20 years of “Neighbors Helping Neighbors” **Notes From The Pantry**

From the Executive Director

Dear Friends,

Happy New Year!! So much has happened in this past year. Our primary program goals for 2017 were two fold. First, to improve access for Morris County residents who lived too far from our current distribution centers to come to us, but who still needed food assistance. Second, understanding that hunger is really a serious health problem and that many of our clients suffered from chronic illnesses such as diabetes and hypertension, we felt a priority was to find a way to provide fresh produce and protein through the Pantry on a year round basis.

Many exciting things have happened as relates to these goals. With the support of our wonderful donors, especially **Impact 100 Garden State**, we completed our first year of the IFP **Healthy Choices Mobile Pantry Project** and it was a huge success! Under this, through our new **Senior Food Box Program**, we enrolled 99 low-income seniors living in Butler, Mt. Olive, Oak Ridge, Madison, Wharton and Morristown. They received monthly deliveries of groceries, fresh produce and bread brought right to their door. This has really expanded services for seniors who need help but were unable to get to us.

Through the **Mobile Pantry Partner Program**, the partnership between IFP and the pantries in Butler and Netcong made it possible for us to provide fresh produce to 225 residents of those towns **every month** which supplemented the normal non-perishable groceries they usually receive. Together these programs brought food where it was most needed, distributing almost **55,000 pounds** in the first year alone!

Between this, the new IFP Free Farmers' Market and our regular programs, 2017 was a banner year. With help from friends like you, a record 1,134,854 pounds of food was distributed which assisted over 10,000 people across Morris County! And we could not have done it without all our amazing volunteers.

It is so incredible what a difference we can make by working together! Going forward, we are all working hard to ensure that these wonderful programs are a permanent part of the Interfaith Food Pantry and are sustainable even when current funding ends.

As we move into 2018, we have a few personnel changes happening. **Erin Long**, our Garden Manager, Education Coordinator and Produce Queen, has enrolled in a master's program in Dietetics, so will be cutting back to one day a week. She will primarily be working with our **Kitchen to Table** program which prepares meals for our home delivery clients and will be coordinating our **IFP Community Garden**. She will really need help, so if gardening is your thing please contact her at erinlong@mcifp.org.

Jumping into the produce part of Erin's job is **Julia Murtha** who is also working as our Events Assistant on the Spring Gala. Erin's other responsibilities are being delegated, so if you need to know who is doing what please give us a call.

As you can see, as usual, there is a lot going on here at the IFP and we look forward to sharing another amazing year together with you as “neighbors helping neighbors”!

Rosemary

In the spirit of sustainability... we would like to thank the William E. Simon Foundation for their recent **Challenge Grant**. Since 2010, they have generously awarded grant funding to the Pantry. As they wind down the giving from this foundation, they have challenged us to find new resources by offering to match each dollar we receive from new donors up to \$5,000. The intent is to help us expand the IFP's donor base to secure the continuation of our programs. If you haven't yet contributed financially to the IFP, **now is your chance to double your donation**. A special thank you to the Simon Foundation for their efforts to ensure that none of our neighbors suffer from hunger and food insecurity.

Current Needs*

- ▶ Dry milk (1 qt. pkg.), Parmalat, evaporated milk
- ▶ Calcium fortified milk alternatives (soy, rice, almond milk)
- ▶ Soups (regular, hearty, low sodium & condensed)
- ▶ Canned fruit or 100% fruit juice (32 oz.) (no sugar added)
- ▶ Canned beans (pork & beans, pinto, red, white, black); (No green beans)
- ▶ Canned vegetables (corn)
- ▶ Spaghetti/Pasta Sauce and Rice (white & brown)
- ▶ Tuna fish, canned meats and meals, hash, stew
- ▶ Peanut Butter
- ▶ Boost, Boost Glucose Control, Ensure or Glucerna
- ▶ Enfamil Infant Formula
- ▶ Baby food - Stage 1, 2 & 3 fruits, vegetables, meats & meals; Baby Cereal, Oatmeal

* When shopping consider low-salt, low-sugar and gluten-free items.

SAVE THE DATE *for these special events:*

- ▶ **Friday, March 23, 2018 Our Annual “Giving Tree” unveiling**
- ▶ **Friday, April 20, 2018—Our 19th Annual Spring Gala**, at the Birchwood Manor in Whippany. **Details on page 5.**

Visit us at www.mcifp.org



Youth Engagement and Education



Sandra Benedict, IFP Development Director, receives a \$300 donation from **Eli Kaufman** which he received for his birthday. Also pictured are Eli's siblings **Dylan** and **Charlie**.

A Walk For Hunger

In October 2017, **Delbarton School**, located in Morristown, ran their annual **Hunger Walk** with students, families and staff helping to raise \$5,866 to support IFP programs. During the year, the school also collected 1,063 pounds of food. We are so grateful for our continued partnership with Delbarton!

Special Thanks Also Go To...

The Rockwood sisters, **Anna** (age 6) & **Emilia** (age 8) for contributing sales from their lemonade stand to the IFP.

Creating Awareness! We all have a role to play in ending hunger, and raising awareness is a great place to start! The IFP had visits from students across Morris County coming to learn about the issues of hunger and how they can be part of the solution. Students from **Gil St. Bernard, Madison F.M. Kirby Center, and Morristown Beard** were among the groups that came to learn about food insecurities and what they can do to help. Some decided to write letters to government officials, take part in an Anti-Hunger Paper Plate Campaign, while others held food drives for the IFP such as Drew University's Anti-Hunger Action Club.

IFP's, **Erin Long** (far right), explains the issues of hunger to students visiting the Pantry.



Members of the **Morris County Chapter of Jack And Jill of America** (pictured above), visited the IFP in November to learn about the issues of hunger facing many families in the county. They also sorted and repackaged food for distribution to our clients.



Ben Margulis (above right) dropped off food donations he collected for his 7th birthday in lieu of presents from his friends. Also pictured are his **dad Stu**, **brother Brayden** and **mom Nancy**.



Pictured (left to right) **Christina Pisani, Michael DeConeglio, Juliana DeConegilo, Evan DeConegilo, Kenneth Russel Webb** (background) and **Sydney Webb** doing their part of "neighbors helping neighbors" bagging donated potatoes to give to our client families. They celebrated **Martin Luther King Day of Service** by coming to the pantry to help out.

Food Drive Honor Roll

We are very grateful to all who conduct food drives for the IFP throughout the year. In addition to those mentioned elsewhere on this page, the following youth groups and schools donated more than 200 pounds of food or funds from August to December, to help keep the Pantry shelves stocked. A big THANKS to all! *(Donation in pounds unless otherwise marked.)*

Rockaway Valley School, Boonton, 1,930
Peck School, Morristown, 1,812
Brightest Star Perf. Arts School, Morristown, 1,267
Red Oaks School, Morristown, 1,096
Cub Scouts Pack 24, Chatham, 1,061
Briarcliff Middle School, Mpuntain Lakes, 834
Morris Catholic High School, Denville, 738
Washington Avenue School, Chatham, 734
Gill St. Bernard's School, Gladstone, 730
Apple Montessori School, Morris Plains, 704
Morris Plains Coop. Nursery School, 630
Assumption School, Morristown, 603

St. Elizabeth Academy, Convent Station, 553/\$226
Primrose School, Florham Park, 535
Whippany Park High School, Whippany, 503
Valley View Elementary School, Montville, 499
Madison High School, 475
Memorial Junior School, Whippany, 461
Littleton Elementary School, Morris Plains, 459
Parsippany Hills High School, Morris Plains, 420
Drew University, Madison, 407
Girl Scout Troop 6280, Cedar Knolls, 380
Salem Drive School, Whippany, 361
Mendham High School, 348

Fairleigh Dickinson University, Madison, 337
Villa Walsh, Swim Team, Morristown, 282
St. Pius X School, Montville, 270
Learning Path Nursery School, Chatham, 261
KinderCare School, Whippany, 253
Allegro School, Cedar Knolls, 247
Girl Scout Troop 1982, Chatham, 247
Dover High School, Dover, 230
Lightbridge Academy, Whippany, 225
Randolph High School, Randolph 215
The Calais School, Whippany, 212

Volunteer News

Celebrate the Pantry!

On Thursday October 19, 2017 over 110 volunteers, staff and trustees took part in our "Celebrate the Pantry" potluck supper held at the Hanover Township Recreation Center and sponsored by **Bell Environmental Services**. The food was fabulous and the variety superb. All participants had a wonderful time celebrating the milestones reached by our dedicated and hardworking volunteers.

Each year at this event we select one volunteer group and one individual for our highest honor from the Interfaith Food Pantry known as the "**Golden Apple Award**". This exclusive award recognizes



D&B Golden Apple Award recipients (left to right) **Ron Krautle, Pamela Gold, Chris Masters, Chris Noreen and Martiza Naranjo**

efforts that have made a major impact on our organization and stand-out as exemplary! Our winner of the group award was **Dun & Bradstreet** who began support of the IFP in 2009 where they conducted various fund-

raisers. Their donations have totaled over \$10,000 and more than 3,000 pounds of food. D&B employees have also donated hundreds of hours sorting and repackaging food in addition to participating in our **Kitchen to Table** program.

Our individual Golden Apple Award recipient was IFP's Board of Trustee's President, **Greg Supron**. Greg and his wife Wendy started out as volunteers and he eventually joined the Board of Trustees in 2009. Greg has spent countless hours helping to develop our strategic plan, and he is not afraid to roll up his sleeves and get his hands dirty either, building our garden beds or crawling around in the attic to find the solution to a heating problem. When Greg was asked why he is involved with the IFP, he commented, *"My wife and I believe that there is no fundamental human need of more significance than food. It breaks our hearts to know that large portions of the population in Morris County struggle with food insecurity. It is for this reason that my wife and I were first motivated to support the IFP. As we began to see first-hand and understand the positive impact the Pantry was having on our community, we were compelled to become even more deeply engaged. The ongoing commitment of the Pantry to ending hunger in Morris County inspires us all to do our part to ensure the Pantry is able to fulfill its mission, now and in the future."*



Greg Supron, center, with IFP **Carolyn Lake** and **Rosemary Gilmartin**

Volunteers also received awards based on hours of service ranging from 100 to 6,500 hours amassed in 2017 and over the years. A special recognition plaque was given to the **County of Morris, Division of Buildings and Grounds** for their help with our Executive Drive site. Special thanks go out to all our volunteers for a job well done... we couldn't do all that we do without each of you!



Pictured left are long time IFP volunteers, friends & truckers, **Al Bowyer & Ed Antal**, who visit the **Community Food Bank in Hillside** every Wednesday to pick up and deliver 8,000 to 14,000 lbs. of food to the IFP. Dubbed the 'brains and the brawn', they are always willing to answer our call to help out.

Welcome New Volunteers

Christian Ahrens	Carol Flato	Joseph Ruggiero
Chloe Aznar	Larry Gabel	Sandi Scheer
Dean Bustamante	Patrick Housel	Rebecca Schuman
Susan Byrne	Krista Magid	Arlene Sherman
Heather Crawford	Debbie McCreery	Ellen Twill
Rachel Cushing	Tim Proctor	Lonnie Zuckerman

Our Sympathies...

To the Drucker Family upon the passing of their brother, Michael Drucker.

Healthy Choices

Part of our Healthy Choices Program includes food demonstrations for clients. With the abundance of fresh produce available this past summer and fall—fresh fruits and vegetables were highlighted in the recipes demonstrated and offered to clients for sampling. The Burrito Bowl featuring corn and tomatoes was a big hit – and is also heart healthy! *So many of you have requested the return of Katy's healthy recipes, so here we are with her Burrito Bowl.*

Build a Burrito Bowl - Makes 3 servings

- 1 tablespoon olive oil or vegetable oil
- 1 15 oz. can black beans, drained and rinsed
- 1 cup corn (you can use, canned, frozen, or fresh)
- 1 tomato, washed and chopped **OR** 1 15 ounce can diced tomatoes, drained
- ¼ teaspoon cayenne (optional)
- ½ teaspoon cumin
- 1 ½ cups cooked brown rice
- Salt & pepper to taste
- ½ fresh lime, cut into slices
- ¾ cups reduced fat shredded cheddar cheese
- 1 ½ cups chopped greens – such as lettuce or spinach
- Optional: Plain non-fat Greek yogurt, cilantro

Directions:

1. Heat oil in skillet or saucepan over medium heat.
2. Stir in beans and corn. Add cumin, cayenne, salt & pepper. Stir together, cook five minutes, stir occasionally.
3. Add tomatoes and stir. Turn heat down and cook mixture for three minutes, uncovered.
4. Add cheddar cheese. Remove pan from heat, set aside.

Assemble 3 bowls:

1. Put ½ cup of rice in each bowl.
2. Put ½ cup of greens on top of the rice.
3. Divide bean mixture in 3 portions, add to top of greens.
4. Squeeze lime juice over the mixture.
5. Optional: add spoonful Greek yogurt & cilantro on top.

Empowering People

Thanks for the Fresh Produce!

Through the combined efforts of individual and community gardeners, schools, churches, corporations and non-profit groups with gardens, and area farms, nearly **70,000 pounds of local produce was grown and donated to the IFP in 2017.**

The planning, commitment and hard work of these growers resulted in offerings of a wide range of fresh produce ranging from popular items such as corn, tomatoes and zucchini to

less familiar, but equally nutritious and delicious items such as bok choy, kohlrabi, mizuna, and leeks. Pantry clients appreciate the availability of local fresh produce as an addition to the shelf stable items offered.

Thank you to all our growers including our local farms- **Alstede Farms, Union Hill Farm, Parks Farms, Crane Farm, Black River LLC, and Race Farm** for their generous support. As a bonus this year, **Alstede Farms** has agreed to donate produce through the winter months so our clients are continuing to enjoy local apples, potatoes and squash!



IFP Free Farmers Market Wows Clients

Fresh produce is one of the most expensive foods to buy in the supermarket and many low income clients typically cannot afford these healthy items. The IFP saw a need and launched their **Free Farmers Market** last summer to IFP clients every 2nd and 4th Friday at 2 Executive Drive, and every 1st and 3rd Thursday evenings at 190 Speedwell Avenue. Clients are thrilled to be able to receive fresh produce twice a month now on a year-round basis. With the help of our local farms, gardens, the Community Food Bank of New Jersey and grants, we were able to provide clients with over 38,785 pounds of free fresh produce, in addition to healthy recipes at the Markets.

Sometimes clients are not familiar with some of the fruits or vegetables offered at our farmers market or are just looking for new ways to prepare them. This year, information was provided by our "Veggie Volunteers" from **Parsippany ShopRite**, dietitians **Barbara Galvin RD** and **Evelyn Minolfo**, as well as IFP volunteer **Heather Crawford**.

Ways To Give



The IFP is happy to accept transfers of appreciated securities/stock, or, if you are 70½ or older, you can make gifts directly from your IRA and reduce your taxable income. Contact Sandra Benedict, Director of

Development at sbenedict@mcifp.org or 973-538-8049, ext. 221 to learn more.

Our Bountiful Garden

Our IFP garden grew nearly 1,200 pounds of fresh and healthy vegetables in 2017!

Tomatoes, cucumbers, peppers, corn, lettuce, squash, potatoes, beets, and onions



were among the many varieties that were harvested from our "own" back yard. Volunteers planted, weeded, and picked produce that went straight to our pantry shelves.

We even constructed a new archway for vertical growing to maximize our space and capacity. Children of our clients also got in on the fun, as part of our Sprouts program, planting, picking and sampling their own food. We are now looking for dedicated volunteers to join our garden crew for the upcoming growing season. If interested, please contact our Garden Manager, Erin, at 973-538-8049 ext. 230 or email at erinlong@mcifp.org.

GRANT UPDATE: Special thanks go out to the following foundations, companies and organizations who provided generous grants to the IFP from August through December 2017. We are truly grateful to you all!

Ruffle Family Foundation, OdysseyRe, County of Morris, Meerwarth Family Foundation, Wawa Foundation, Raffiani Family Foundation, McGuinn Family Foundation, F.M. Kirby Foundation, Catholic Human Services, Heller Foundation, First Energy Foundation, Bayer Health Care, N.J. Healthy Communities (in partnership with Neighborhood House), Reed Family Foundation, Margaret A. Darrin Charitable Trust, Willis & Nancy King Foundation, Walmart, Thomas & Sarah MacMahon Family Foundation, Novartis Partnership, Gannett Executive Grant Program, Appaloosa Management, Charles L. Read Foundation, L.A.W. Foundation, MetLife Foundation, and Hanover Rotary.

Help us continue our good works... if you know of any family, corporate, organization or church-based foundations that we should contact, please let our grant administrator know at 973-538-8049, ext. 229 or email joannebrashier@mcifp.org.

Did You Know?

amazonsmile
You shop. Amazon gives.

AmazonSmile is a simple, easy and automatic way to support the IFP every time you shop, and at no cost to

you! When you shop at **Smile.Amazon.com**, Amazon will donate a portion of your sale to the charity of your choice. You will find the exact same low prices, vast selections and convenient shopping as Amazon.com but with the added bonus. Simply visit **Smile.Amazon.com**, select Interfaith Food Pantry and make your shopping count!

Special Event

The Board of Trustees of the Interfaith Food Pantry,
along with Gala Co-Chairs Ann and Art Corwin Invite you to our
19th Annual Spring Gala "From Hunger to Hope"

honoring

*Outstanding Service
Award Recipient*



and



*Pantry Partner
Award Recipient*

Friday, April 20, 2018 6:00pm -11:00pm at The Birchwood Manor, Whippany, NJ

Featuring cocktails, gourmet dinner, raffles, silent and live auctions and more!

Here's how you can be a part of it all...

Purchase tickets for a great date night or special occasion. Or fill your own 8—12 person table by bringing your friends, neighbors or colleagues. Companies, reward those employees who volunteer with tickets!

Donate an item, product or service for our Silent Auction. Your generous, tax-deductible contribution will be publicized in the Auction Directory, on our website and in our newsletter, which reaches over 12,000 homes and businesses. You can drop off your contribution or we can pick it up. Receipts will be provided following the auction.

Place an ad in our Sponsor Ad Journal as a tribute to an honoree or to market your business to our guests and beyond. Ads are printed digitally in full color.

Serve as an Event Sponsor. By helping to underwrite our costs, you can help us feed more people while effectively communicating your company values to a broad audience.

- ☐ I would like to **attend the event**. Enclosed is payment for _____ ticket(s) at \$250 each.
- ☐ I am interested in **sponsoring the event**, please contact me.
- ☐ I have a valuable item or service I'd like to **contribute to the auction**, please contact me.
- ☐ I would like to place an ad in tribute of an honoree, IFP or to advertise my business in the ad journal.*
- ☐ ¼ page \$100 ☐ ½ page \$250 ☐ full page \$500

Name _____ Company _____

Address _____

E-mail _____ Phone _____

☐ **Enclosed is my check payable to Interfaith Food Pantry**

Please charge my Visa/MasterCard/Discover/Amex No. _____

Expiration Date: _____ CVV _____ Signature _____

Please Mail To: Interfaith Food Pantry, 2 Executive Drive, Morris Plains, NJ 07950

E-mail your four-color ad (.jpg, .tif, .eps, .pdf or .bmp file) to **Julia Murtha at juliamurtha@mcifp.org or mail your camera-ready artwork with this form to the Interfaith Food Pantry, 2 Executive Drive, Morris Plains, NJ 07950 by March 17. Email Julia if you need assistance creating the ad or tribute.*

Engaging Our Community

Giving Thanks to All of You!

Thanks to all of you who responded to our call, we were able to help 1,653 families enjoy a Thanksgiving meal, complete with turkeys and all the fixings. It truly takes a village to make this happen and there were so many volunteers, houses of worship, companies, civic groups, youth groups, and schools that conducted drives, packed bags, “triaged” and sorted food that it would be impossible to list them all here. We do want to take a minute to thank some of our regulars who



made it happen, including **Kings Food Markets**, **Montville Unico/Turkeys 4-U**, **St. Virgil's**, **Christ the King**, **Notre Dame of Mt. Carmel**, **Trinity Lutheran** and **Hilltop Presbyterian Churches**, as well as **J.M. Rodgers & Co.** and **Avis Budget Group** who donated turkeys. We also

want to give a special shout out to several food drives that really stood out including **Peck School**, **GAF**, **BASF**, **Pfizer**, and particularly **UPS**, whose employees donated more than 5,000 pounds of food! We also received very generous cash donations to buy what we needed to fill in from our friends at **MetLife**, **Lexus of Route 10**, the **Morris County Educators Association**, **Maersk**, **NJ Association for Justice**, **Presbyterian Church of Madison** and the **First Baptist Church of Morristown**.

We owe a great deal of thanks to our volunteers, especially **Liz Bitterman** and **Candi Ahto**, who worked double and triple time to sort incoming food, to our friends at **Solix**, **Willis Towers Watson**, **3M**, **Moretrench**, **PwC**, **Ferring**, **Avison Young** and **Graham Curtin** who sent us labor to pack bags and transport food, to **Ken Kramer** and his crew for once again taking charge of moving all the turkeys to **St. Margaret's Church** and to the leadership and youth from the **United Methodist Church in Madison** (who will be honored at this year's Spring Gala). We also want to thank the **Junior League of Morristown** for cooking individual Thanksgiving meals for our home-bound clients and *especially all of you who Liked, Shared and Retweeted our call for help*. Thanks to you, we were able to accommodate every request!



Above, members of **United Methodist Church in Madison** with bags containing all the accompaniments to go with a Thanksgiving meal. Below, **IFP's Rosemary Gilmartin** with members of **MCEA** accepting funds to purchase turkeys.



Turkey Trot Results

We had another great day for our annual Turkey Trot 5k/1mile fun walk/run and Kids' Trot, which we hosted in partnership with the **Literacy Volunteers of Morris County**. Over 3,000 people registered! Thanks to everyone who participated, we had a record year, raising more than \$80,000 to support both programs. Once again our partners at **Atlantic Sports Health**, the official Health Care Sponsor of the Trot conducted their free “Couch to 5k” sessions to get people ready for the race. Thanks also to leadership sponsors **Dixon Energy**, the **North Jersey Development Group**, **Lexus & Masera** of **Route 10**, **PBF Energy**, **Rutgers North Jersey Orthopaedic Institute** and **Whole Foods Market** who sponsored at \$2,000 or more.



What's your Thanksgiving Day tradition? We like theirs!

And just in time for the holidays....

Our thanks to all who donated holiday gifts for our clients including **Roy Morance**, **Robert Foehsel**, **Morristown Medical Center-Ambulatory Surgery Center**, **MJM Signature Group**, **Denise Hilliard** and **MetLife**. Also to **Morris View Health Care Center** for



the amazing holiday baskets that were donated for six of our families.

We also met new friends at **Viju, Inc.**, who came in December with a gift for ALL our clients—a flat screen monitor for our

waiting room that will enable us to display information about all the services available to our clients. **Viju's** installation volunteers are pictured above with our **IFP Client Services Staff**.

And then there is... Sweet Honeywell! In **Morris Plains**, **Honeywell's Legal Department** held their lively annual holiday raffle which raised a record \$15,000 to support the **IFP**.

And... **Change Matters!** The **Bayer Commercial Operations Group** believes a little change can make a big difference. Their coin jar competition, now in its second year, inspires employees to donate their change. It becomes a fun competition in that the winners receive a half-day off. It's no surprise this creative group surpassed their goal and raised over \$2,900 for the **IFP**.

Engaging Our Community

An Angel Delivers



IFP client **Mary Russo** receives keys to her "new" car from IFP's **Liliana Herrera**.

Mary Russo, a long-time client and senior citizen on a fixed income has been coming to the Interfaith Food Pantry for the past ten years. *"My social security doesn't go very far and I often need food, I need to eat"*. Mary also likes to volunteer at the IFP but hasn't been able to over the past several years because six years ago her car was stolen. The insurance money she received just about covered what was still owed on the car and she couldn't afford to buy another one. Mary either had to take a bus or depend on a friend to take her where she needed to go, including the food pantry, and she wasn't able to volunteer anymore. Mary commented *"I lost my independence the day I lost my car! It is very frustrating for someone who likes to be with people and come and go as I please"*. But now that has all changed for this very vibrant and caring woman.

On a beautiful sunny day in August 2017 she was gifted with the keys to a 2005 Pontiac Vibe, donated by her "Angel" (who wishes to remain anonymous). *"This is like a miracle for me, I am so overwhelmed, I really can't believe this is happening to me!"* Mary no longer has to rely on others to take her to appointments or the IFP for her food – she can take her own car again. *"I feel so blessed, so happy and so thankful to have a car again, to volunteer and to have some of my freedom back"*, says Mary. Please let my "Angel" know how much she means to me. *"I still can't believe someone did this for me and I will take very good care of this car."*

Mary's donor was so happy to hear her feedback and stated that *"It is so awesome to have been able to touch someone else's life and to make a difference especially since Mary truly appreciates the car and is putting it to good use!"* Mary's "Angel" also commented *"I wanted to give the car to someone who could really use it. I have been blessed in my own life and wanted to give back to the community and try to fill someone else's needs"*. As for Mary, this sweet, vivacious lady is excited not only to have "wheels" again but to be able to volunteer too. You can usually find Mary helping out with our mailings or clipping coupons for other clients... *"I'll help out wherever they need me"*, says Mary, with a huge smile!

GAF Food Drive Leads to Kitchen to Table

Each month the **Information Technology** department at **GAF** hosts a team building event. At least once a year the department centers their team building event around a charitable endeavor – and this year a food drive in support of hunger action month was selected. With **GAF's** ties to the Interfaith Food Pantry, it was the logical choice to receive the donated food. The group collected a whopping 1,576 pounds of food. To make the endeavor even more appealing to the team, a raffle was included. For each food item brought in, the IT team member received a raffle ticket. At the conclusion of the food drive in October, a drawing was held to pick the winners – those selected got to participate in a **Kitchen to Table** event at the Interfaith Food Pantry! **GAF** felt that using the Kitchen to Table event as the raffle prize was a perfect way to tie the prize directly into their charitable theme for the month.



Left, **GAF** team winners prepared over 55 meals for IFP home delivery clients during their Kitchen to Table visit.

Other groups that participated in our Kitchen to Table program from August to December included **Zitter Health Insights**, **Pfizer** and **ADP**. For further info on Kitchen to Table, contact Doug at dougmacmahon@mcifp.org.

Golf Outing and Wine Raffle Success



new event sponsors, **Pfizer** and **Zitter Health Insights**.

The **Mount Tabor Country Club** was once again home to the IFP Golf Outing in September. The club graciously donated the course for the day, while a delicious lunch was provided by **Daddy Matty's BBQ and Catering of Madison**, and a very tasty dinner was donated by **Verde Ristorante**. Special thanks go to our sponsors, **Britcher Leone, LLC**, **Dun & Bradstreet**, **Paul Miller**, and our two



Now in its second year, the "Wine of the Week" raffle was as much fun as the golfing. Fifty-two bottles of premium wine, hand selected with assistance from Gary Fisch, of **Gary's Wine & Marketplace**, was the grand prize which went to lucky winner **John P. Osarczuk**. The second-place

prize was 12 bottles of wine plus two tickets and car service to **Gary's Grand Tasting Event**, which was held at the **Wyndham Hamilton Park Hotel in Florham Park** in October. Five 3rd place prizes of a case of wine each were also drawn. Congratulations to all the lucky winners! We also owe a very special thanks to Gary, who for many years has donated a portion of the proceeds from the Grand Tasting Event to the IFP.

Board of Trustees

Meets 7:00pm on third Wednesday of the month

Greg Supron, president

Chris MacDonald, vice president

Tracey Polifka, secretary

Stuart Wiet, treasurer

Russ Hall Patrick McGuinn Guy Raymaker

John Eade Tim Lockwood Bruce Seidmon

Rosemary Gilmartin, executive director

Staff

***Phil Alcock**, warehouse assistant

Tony Aviles, asst. warehouse manager

David Bean, asst. food & facilities manager

Sandra Benedict, director of development

Joanne Rinaldi Brashier, community relations & development associate

***Katy Galton**, nutrition educator

***Diana Garcia**, client services associate

Liliana Herrera, client services manager

Denise Hurtado-Valdez, client serv. associate

***Bob Johnson**, warehouse assistant

Carolyn Lake, associate director

***Liz Lavery**, office assistant

***Erin Long**, program associate

Doug McMahon, volunteer coordinator

Meg Manbretti, office manager

Patrick Mitchell, mobile pantry & warehouse asst.

***Julia Murtha**, special events assistant

German Ortiz, client services asst./reception

***Wendy Potkay**, business manager

Jessica Revolorio, client outreach coordinator

***Val Schuszler**, warehouse assistant

Bill Zackoff, food and facilities manager

* part time

Our Mission

► To improve the health and well being of Morris County residents in need by providing access to food, nutrition education and related resources.

► To provide hands on opportunities for neighbors to help neighbors.

► To educate the public about the issues of hunger in our area.

Hours

Food Drop-off, Tours & Visitors - Warehouse

2 Executive Drive, Morris Plains

Monday - Thursday 9:30 a.m. - 4:30 p.m.

Special arrangements by request

Food Distribution - Main Pantry/Warehouse

2 Executive Drive, Morris Plains

The First Four Weeks of the Month Only

Monday through Thursday 1pm - 3pm

Wednesday 6pm - 8pm

Saturday 10am - 12noon

1st & 3rd Tuesday 6pm - 8pm

Food Distribution - Satellite Pantry

190 Speedwell Ave., Morristown

Tuesday 9:30am - 12 noon

Wednesday 9:30am - 12 noon

Thursday 9:30am - 12 noon

2nd & 4th Thursday 5pm - 7pm

Calendar

March

3/23 2017 Giving Tree Unveiling & Donor Recognition Luncheon

April

4/20 19th Annual Spring Gala

May

5/12 Annual Letter Carriers Food Drive

5/16 Annual Bd. of Trustees Public Mtg.

For details please visit www.mcifp.org

2017 Statistics

Volunteer hrs donated	23,377
Number staff volunteers	362
Number temp volunteers	2,087
Lbs. of food distributed	1,134,854
Number of visits	18,833
Total all households served	6,395
Total all people served	10,957
Avg. # families served/month	1,400
Avg. lbs. food distributed/month	94,571

Double Your Donations!

Many employers will match donations to non-profit organizations, doubling its value - sometimes more! A partial list of companies matching employee gifts can be found on our website at www.mcifp.org/donateworkplacegiving. Click on **matching contributions**. Also check with your employer to see if they participate in a matching gift program.

Please let us know if you prefer electronic delivery of our newsletter, or to be removed from our mailing list. Call 973-538-8049 or email interfaithfoodpantry@mcifp.org

TOO MUCH MAIL? 

Return Service Requested

Morris Plains, NJ 07950

2 Executive Drive

Interfaith Food Pantry