Classroom Activities - What to do about Malnutrition

World Food Programme Resources for Students & Teachers



What can we do about Malnutrition?

A mock United Nations conference

Subject: English

Age Range: Grades 7-9, Ages 11-14

Adapted from "Fighting Hunger the Rights Way" - CBU Children's Rights Centre

Overview

Research Skills, Collaborative Learning, Presentational Skills, Writing to explain

Students will create a mock United Nations conference where they will address the issue of child malnutition and how it relates to children's rights, based on study the Millennium Development Goals, and of the United Nations Convention on the Rights of the Child.

Aims & Objectives

- To encourage students to work effectively in groups
- · To encourage students to listen and respond to ideas, information, and opinions expressed by others
- · To enable students to engage in debate about solutions to the problems of poverty and hunger

Preparation

- Using the UNICEF leaflet and/or poster on UNCRC, discuss with the class which rights pertain particularly to food and health.
- Using the resources found at http://www.wfp.org/hunger/millennium-development-goals, discuss the ways in which undernourishment can be addressed.

Instructions

- 1. Divide students into small groups of 3 or 4 and have each group pick one of the following issues to discuss related to child malnutrition:
 - Obesity
 - Undernourishment
 - · Access to food
 - Agriculuture
 - · Gender inequality
- 2. Allow students 30 minutes to briefly research the issue and write their thoughts, ideas, and possible solutions they would like to present to the class.
- 3. Each group will present their thoughts and ideas to the General Assembly (class) during their mock United Nations conference. Make sure to allow students the chance to debate and discuss the topics.
- 4. To close the activity have the students write a 2 page reflection of what they learned.



