



**Don't  
Forget,  
Saturday  
May 14th!**



**Interfaith Food Pantry**  
Serving Morris County

**When we  
run low on food  
we need your  
help!**

**REMINDER:** Your letter carrier will be picking up non-perishable groceries for our neighbors in need when they deliver your mail on Saturday, May 14th.

*You can help stamp out hunger and make a difference by placing canned and boxed items such as Parmalat and dried milk, soup, stews and*

*chili, canned fruits and veggies, peanut butter, beans, tuna fish, pasta & sauce, rice and cereal - **in a bag next to your mailbox.*** (Low salt and low sugar items are always welcome!)

**Donations will be given to the Interfaith Food Pantry (IFP). Local post offices have donated more than 336,700 pounds of food to the Interfaith Food Pantry from the Letter Carriers Food Drive.**

**In 2015, the Interfaith Food Pantry helped almost 10,000 Morris County residents in need (35% were children) and distributed almost one million pounds of food.**