



Over 20 Years of Neighbors Helping Neighbors

Notes From The Pantry

From the Executive Director

Dear Friends,

Happy Spring! This is such a great time of year when everything seems new and possibilities abound. As you will read inside, things have been busy as usual, much has been happening and we have a lot to be grateful for.

I want to start by thanking you all, our financial and food donors, volunteers and the wonderful board and staff. In addition, there are also many others who make a big difference by donating their services, but who get little public acknowledgment so I want to highlight a few of them here.

First, **Paul Giglio Jr.** and his crew from **Pipeworks** in Chatham. They have been a huge help in handling our plumbing issues and keeping everything working especially the irrigation in the garden. Next **Robert Cavanaugh**, from Morristown, who has been great at handling many of our electrical issues and **Ed Gerena**, owner of **Rent A Lift** in Paterson, who has been keeping our forklift going and is always ready with advice. These three have donated many hours of service which keeps us operating and allows us to use our funds for much needed food.

In addition to these folks, a huge thank you goes out to **Jeffrey Mazza** and **Mitch Greene** from **Sea Box** in Hillsborough, and **Mike Sena** of **Mike's Towing & Recovery** from Bridgewater. Every Fall, they donate our 20' freezer container which makes it possible for us to collect and give out all those turkeys and Mike donates the driver and truck to deliver it. These wonderful folks have been **partnering with us for almost 15 years!!** We are so grateful to you all.

There are new projects in the works, and one I am very excited about is our **Education & Civic Engagement Program**. Thanks to generous grants from the **Edmond N and Virginia H**

Moriarty Foundation and the **MacDonald Family Fund**, we are well underway with this and much has already been accomplished as you will see inside. Our partnership with the students, staff and faculty at **Drew University** has been extremely rewarding already and I am looking forward to the full launch of our Youth Ambassador's program in September.

Educating our youth about the real hunger issues faced at home, while combining this with a thorough understanding of the challenges we all face addressing them, will hopefully provide them with skills to make a difference. Creating a program where student ambassadors can go out to other schools and work with the students there to develop their own ideas about finding solutions is very exciting!

Another area we are working on is identifying and engaging those people across the county who are struggling to provide enough food for their households but unaware of our services. Over the years, the people needing help has changed. They are less likely to live in urban areas, as the cost of housing there has increased. They also are older. According to the NJ Foundation for Aging, they estimate that 33% of the seniors (65+) living in Morris County are in food insecure households. This number is growing rapidly as the over 65 population grows. In addition, new clients are more likely to be employed at least part time. There are many families who are working but with lower incomes and increased housing costs, struggling to stay afloat. Seniors and those working are the least likely to ask for "charity" and their embarrassment frequently causes them to struggle alone. We are working on grants to be able to send staff to go out into the community and do outreach work to help bridge this gap.

It is wonderful to have so many caring partners and your efforts make it all possible. Thank you again and I wish you all a wonderful Spring and Summer!

Rosemary

Current Needs*

- ▶ Dry milk (1 qt. pkg.) & Parmalat (shelf stable milk) 32 oz.
- ▶ Calcium fortified milk alternatives (soy, rice, almond milk)
- ▶ Soups (regular, hearty and low sodium)
- ▶ Canned fruit or 100% juice (32 oz) (no sugar added)
- ▶ Pasta (white or whole wheat) and spaghetti sauce
- ▶ Dried or canned beans (pork & beans, pinto, red, white, black)
- ▶ Canned meats and meals, hash, stew
- ▶ Tuna fish, peanut butter
- ▶ Rice - white or brown (1 or 2 lb. size)
- ▶ Rice-a-Roni, Mac 'n Cheese, Hamburger Helper, etc.
- ▶ Boost, Ensure or Glucerna
- ▶ Enfamil Infant Formula (not newborn)
- ▶ Baby food - Stage 1, 2 & 3 Fruits, Vegetables and Meats
- ▶ Baby wipes

* When shopping consider low-salt, low-sugar and gluten-free items.

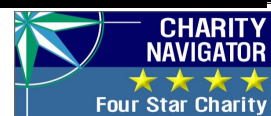


2016 Golf Outing

Our 11th Annual Golf Outing will take place at the Mount Tabor Country Club September 19th

Watch our website for registration and sponsor information.

Visit us at www.mcifp.org.



Youth In Action



★ **Skyler Hayden Bouchedid** poses with David Bean, IFP Warehouse Assistant, and 159 lbs. of food she received in lieu of birthday presents for her 9th birthday. ★



Pictured are the Cooney Family in our teaching kitchen after delivering 198 pounds of food received by **Alexandra Cooney** (2nd from left) in lieu of gifts for her 9th birthday.

And our thanks to...

- **Alexis Smock**, who donated 170 lbs. of food gathered for her 7th birthday, bringing her total donations to well over 1,000 lbs, all gathered in celebration of each birthday since her birth!
- **Hunter Rosenbaum**, for his donation of food collected at his recent Bar Mitzvah.
- **Eli Kaufman** who donated \$245 received in lieu of gifts for his 10th birthday.

Souper Bowl of Caring Success

The annual Souper Bowl of Caring initiative engages youth to fight hunger and poverty in their own communities at the time of the Super Bowl football game. Young people from a number of churches and schools in our area participated in this nationwide effort, raising more than \$10,000 and almost 5,000 pounds of food for the IFP. We are so grateful to the youth from the following for making a difference:

Assumption School, Christ the King, First Presbyterian of Mendham, Gloria Dei Lutheran, Mt. Fern Methodist, Parsippany United Methodist, Presbyterian of Chatham, Presbyterian of Morris Plains, Resurrection, Salem Drive School, St. Andrew Greek Orthodox, Church of St. Margaret, St. Mark Lutheran, St. Paul Episcopal, St. Thomas More, St. Virgil, and Summit Middle School.

Elizabeth (pictured at right) and **Turk Moran**, an enterprising sister and brother team, served as local advocates for the program and reached out to local schools and businesses to raise awareness about local hunger and raise funds for the cause. They enlisted the help of the **Mendham High School Service Club** and **Hilltop Presbyterian Youth Group**, who bagged groceries on Super Bowl Sunday at **ShopRite of Chester** in return for donations. That event, along with fundraising jars at eight local businesses, raised a total of \$1,100 for the IFP!



Above, 15-year-old **Elizabeth Moran** presents her donation to IFP Community Relations & Development Associate **Joanne Rinaldi Brashier**.



We're grateful to **Tara Weiss** and her students at **Lawton C. Johnson Summit Middle School**, who decided to do something about hunger, sponsoring a 'Cereal Bowl' and gathering 872 boxes of cereal for the IFP.



Thanks to youth (and parents) from **First Presbyterian Church of Mendham** for their donation of "Bunny Bags" filled with school supplies and edible treats for clients' children.

Food Drive Honor Roll

We are very grateful to all who conduct food drives for the IFP throughout the year. In addition to those mentioned elsewhere on this page, the following youth groups donated more than 150 pounds of food or \$200 from January to March, to help keep the Pantry shelves stocked. A big THANKS to all! (Donation in pounds unless otherwise marked.)

Delbarton School, Morristown, \$3500

Boy Scout Troop 25, Madison, 3016

Cub Scout Pack 125, Morristown, 1636

Washington Avenue School, Chatham, 1120

Lawton C. Johnson Summit Middle School, 1059

Rockaway Valley School, Boonton, 1008

Randolph High School, 976

Normandy Park School, Morristown, 691

Mount Olive High School, Flanders, \$565

Assumption School, Morristown, 474

Morris Knolls High School, Rockaway, 444

Parsippany Hills High School, Morris Plains, 400

Salem Drive School, Whippany, 362

St. Elizabeth's Nursery & Montessori School, Parsippany, 347

Randolph Twp Girl Scouts, Ironia, 274

Cub Scout Troop 228, Morristown, 247

Montessori Children's Academy, Morristown, 241

Chatham Middle School, 210

Girl Scout Troop 4923, Morristown, 198

Girl Scout Troop 80971, Morristown, 183

St. Virgil's School, Morris Plains, 161

Mendham Township Elem. School, Brookside, 154

Client and Volunteer News

A Generous and Grateful Heart!

Willie was always a giver, donating to the Interfaith Food Pantry, volunteering at the local soup kitchen, sharing with those in his neighborhood he felt needed help and loving the job he had at WalMart, "everyone knew me and I knew them!"

He came to New Jersey from South Carolina years ago, looking for better job prospects. With his new job he was not only able to take care of himself, but could provide for his mom back home and even have some to help others. Unfortunately, a brain tumor and subsequent hospitalizations sidelined Willie and he can no longer work. Struggling to make ends meet on his disability and very small food stamp allotment, Willie, now 74, had to turn to the Interfaith Food Pantry for help.



Not being able to work and help others is difficult for him. "It

was such a **BIG** part of me, it was who I am and how I was raised!" but his positive attitude and strong faith helped him through his many ordeals. Brain surgery cost him the vision in one eye, but his most recent test results were excellent and he was ecstatic. "I feel I am truly blessed."

He's learning to cook better for himself at the IFP's Healthy Choice cooking sessions, and even tackled making Thanksgiving dinner, coached by one of his grown sons this past year. When asked about his experience coming to the Pantry, Willie had this to say: "I make it a point to tell people that they should not feel embarrassed to come to the food pantry, that's why it is there, for people who have a real need - like us!" "God bless you all for the help you give to everyone in need, I know I appreciate it! It makes me so humble to know that there are really good people out there who do care."

Special Needs

School Supply Drive

Our Corporate Advisory Council will once again sponsor our "We've Got Your Back" backpack and school supply drive this summer to help families who might otherwise struggle with this expense. We distributed more than 600 backpacks last year, and anticipate a similar need in 2016. We will gratefully accept donations of school supplies such as neutral colored backpacks, binders, folders, markers, colored pencils, etc. A detailed list of needs will be provided on our website in June.

If you would like to organize a drive, please give us a call at 973-538-8049. **Distributions will begin on August 1**, so if possible, we would appreciate getting **your donations in by July 31**.

Help us Weather the 'Storm'

A perfect storm hits the Pantry every summer, as many of our regular food donors such as scouts, schools, houses of worship and corporations take a hiatus from regular food drives. At the same time, when school's out, many children who receive subsidized or free breakfast or lunch programs are now being fed at home, creating an extra strain on their families. This combination of forces creates a perfect storm of need - and a food drought here at the Pantry.

You Can Help! If you will be involved with a sports or swim team, summer camp, tennis center or other group that might be willing to help us keep the shelves stocked this summer, **consider running a food drive or fundraiser!** Resources that make it easy can be found on our website at <http://www.mcifp.org/fooddrive.htm>.



Connecting our Clients

With the addition of **Eileen Chapel** to our client services staff we have been able to connect people with specific organizations that can give them the help they need to become more self-sufficient. Focusing on the particular circumstances of individual clients, Eileen provides 20-30 referrals per month, helping people obtain utility assistance, housing, clothing, foreclosure intervention, SNAP (food stamps), transportation, and even medical insurance. In her words, her approach is "to tailor what I do to what an individual client needs."

In addition to referrals, Eileen manages the Pantry's annual client eligibility recertification program and supervises interns from **Drew University's** Civic Engagement Program. She also serves as one of the staff liaisons for the Board's Education and Advocacy Committee, and is our connection to case managers and staff from other agencies.

Welcome New Volunteers!

Linda & Tony Amitrano	Beth Karmen	Pat Nevrincean
Curtis Anderson	Roy Kirch	Michael O'Brien
Kim Beckerman	Karen Kirchbaum	Diane Quinn
Kay Birkholt	Carrie Kislin	Kaitlyn Reynolds
Kara Bradley	Phyllis Kopit	Janice & Richard Ryan
Linda Capponegro	Diane Koslow	Bruce Seidmon
Nathalie Duran	Cooper Lippencott	Georgeann Ventola
Walker Joyce	Alexandra Moreu	Kathy Walton
Kathy Juliano	Andrew Moriyon	Barry Zitomer

Transitions

Congratulations to volunteer **Nathan Umbriac** and his wife **Jessica** on the birth of their son Francesco, to volunteers **Mike** and **Jeanne Hanly** on the birth of grandson Christopher, and **Jack** and **Beth Miller** upon the birth of grandson Jack.

Our sympathy to **Erin Long**, IFP Education and Garden Coordinator, and her family on the passing of her father, Timothy Long. Sadly, we also lost a special volunteer recently. **Betty Crescentini's** calming presence had been with us since 1997. Our sympathy to her husband **Gene** and family. Our sympathy also to volunteer **Kay Steadman-Treanear** and family upon the death of her mother, Eileen Steadman.

We are Grateful to our Gala Supporters!

A heartfelt "Thank-you!" to everyone who supported our
17th Annual Spring Gala,
"MAKING HUNGER DISAPPEAR"

Especially:
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JR Cruz
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Mendham Garden Center
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Morris Animal Inn
Morris Museum
Morristown Beard School

Morristown Deli
Morristown Tire
NJ Devils
NJ Jackals
NJ Pest Control
The New York Football Giants
The New York Knicks
The New York Jets
The New York Red Bulls
Notre Dame of Mt. Carmel Church
Panera Bread
Paper Mill Playhouse
Paradies Pen
Park Avenue Club
Barbara Petrakis
Pfizer
Philadelphia Eagles
Plaza Restaurant
Pocono Raceway
Tracey Polifka
The Potkay Family
Provesi
Rodan + Fields
Rosie's Trattoria
Rutgers University
Salon Boutanique
Sandra John Interiors
Schultz Furriers
Sea Glass Fine Art
Shakespeare Theatre
Silpada

Skin Deep Salon & Spa
Smolin Lupin
Somerset Patriots
Steiner Sports
Sunset World
Susan Groll
Suzi's Salon
The State Theatre
The Supron Family
Tiff's
Total Wine & More
Uptown Art
Urban Muse
Verde's Ristorante
Verona Restaurant
Walpole Woodworking
Walt Disney World
Wegmans
Western Digital
Whole Foods
Willow Street Boutique
Windswept Boutique
Wyndham Resorts

... and the entire Wednesday Night
Distribution Crew who once again
pooled their resources to contribute.
Thanks to all of you!

Gala Works its Magic toward “Making Hunger Disappear”

The Interfaith Food Pantry’s 17th annual Spring Gala was truly a ‘magical’ evening, fulfilling its goal of raising substantial funds to ensure the Pantry’s shelves are always stocked (even when food supplies run low), and to support the programs that serve our clients’ diverse needs.

Approximately 235 people joined us for the evening on Friday, April 8 at the Birchwood Manor in Whippany. The 2016 Gala, entitled “*Making Hunger Disappear*,” was one of our most successful events yet, raising over \$187,000 through sponsorships, ticket sales, auction proceeds and monetary donations!

In keeping with the magical theme, roaming magicians and palm readers entertained the crowd during the cocktail hour. Guests also enjoyed the talents of two photographers who donated their services, **Dave Kramer** provided formal photography, while **Jerry Troianello** from **Corsair Productions** offered fun props and the opportunity to take home photos that night!

This year we recognized **Moretrench** with our **2016 Pantry Partner Award** for the company’s ongoing support of the Interfaith Food Pantry to end hunger and improve the lives of neighbors in need. Over the years, Moretrench and its employees have donated many hours of service, thousands of pounds of food and tens of thousands of dollars to support a variety of Pantry programs, even redirecting funds previously spent on client Christmas gifts to the IFP on their behalf!



Above, **Art Corwin** (left), President and CEO of **Moretrench**, accepts the **Pantry Partner Award** from IFP Trustee **Marc Mackin**. At right, Moretrench employees enjoy the Gala.



Rosemary Gilmartin presented the **Outstanding Service Award** to **Robert Zajac** (above), **Investors Bank** Senior Vice President, Regional Manager.

Investors Bank received our **Outstanding Service Award**, recognizing its efforts to alleviate hunger and make a significant difference in the lives of neighbors in need. Employees have been encouraged to volunteer with organizations they feel passionate about and since 2007, numerous volunteers have assisted the Pantry in many ways, and both **Investors Bank** and **Investors Foundation** have made generous financial contributions, most recently to our **Healthy Choice Program**.

This year, **Delbarton School** received the **Neighbors Helping Neighbors Award**, which recognizes an individual or group that epitomizes the compassion represented by volunteerism and community action. The school’s involvement with the IFP has grown each year since 2010, and the students now assist the pan-



Above, **Delbarton School** students, teachers and moms celebrate with the Pantry after receiving the **Neighbors Helping Neighbors Award**. **David Hajduk**, Director of Campus Ministry (seated 2nd from right), accepted the award.

try on a bi-weekly basis in a myriad of tasks, wherever there is a need. In addition to hundreds of hours of service, they have donated nearly \$28,000 gathered through fundraisers and more than 9 tons of food!



We are grateful to our talented emcee, **Walker Joyce**, who also volunteered his services as live auctioneer. Our thanks to **Kings Food Markets** for

the beautiful centerpieces that graced each table, to **Enjou** for donating chocolate favors, and to **Mondelez**, **Pfizer**, **Alexandra Elliott** and **Investors Bank** who supplied gift bags for everyone to enjoy.

Big thanks to **Christine** and **Peter Birnbaum**, who contributed fabulous live music by Matt Friedman (The “Piano Man” from Billy Joel’s award winning musical) and Uptown Sounds. We are also grateful to **Refined Sight** for once again donating the evening’s invitations and all the signage, and to **Samsung** who provided us with Galaxy® Tablets for payment processing.

IFP client “**Tina**” was a highlight of the evening as she shared her moving story about her family’s journey following the loss of her husband’s job including not only financial crisis, but a struggle to keep the family together as they eventually lost their home. She spoke of how the Interfaith Food Pantry addressed not only the family’s food insecurity, but offered kindness, respect, referrals and hope. Generous IFP supporters also provided Tina’s four children with much needed school supplies, and even a bicycle for her 6-year-old at Christmas time! Finally she told how IFP programs such as the **Healthy Choice Program** have made a real difference in their lives as they struggle with many health issues. Her testimony generated a round of enthusiastic on-the-spot fundraising, gathering \$41,000 to help continue our work!

Our grateful thanks to our fabulous Gala Committee, members of the Board of Trustees, all our sponsors, and to all who contributed time and talent as well as financial support to make this evening a success!

Here and There

The Giving Tree

Nearly 100 donors and staff gathered March 18 for the unveiling of our **2015 Giving Tree**. If you are on the tree and didn't get a chance to see it, come on over! **Corsair Productions** designed the Tree, and our thanks to **Refined Sight** for donating its production.



We were delighted to welcome two new groups from Parsippany to the ranks of local companies and organizations who put their hands to work to help their neighbors. Above left, volunteers from **The Medicines Company** take a break from their service work. Above right, employees from the **Avis Budget Group** enjoyed the beautiful weather after helping out.

In addition to these new companies, we once again benefited from the helping hands of **Duff and Phelps**, **Arthur J. Gallagher Company**, **Macy's** and **Short Hills Hilton** employees.

Education and Civic Engagement—A Collaboration

Drew University continues to play an important role in spreading the word about local hunger and food insecurity, formalizing an **Anti-Hunger Action Team (AHAT)** in the Spring 2016 semester. An intern from Drew's for-credit Community Based Learning Program serves as liaison between IFP Education Coordinator **Erin Long** and AHAT, and that organization's members pursue opportunities for awareness, professional development and volunteerism both on campus and in the community.

Continuing their service as "**Hunger Ambassadors**" a program which began last fall, these students visited several local schools and organizations in April and May, raising awareness about the issues of hunger faced by neighbors in our communities, and what they can do to get involved and make a difference.

The group will also host a food drive on campus and documentary screening, and work in the campus garden providing produce for IFP clients. We are grateful for all their efforts on our behalf.

Welcome Denise and Julia

Denise Hurtado-Valdez (right)

has been a terrific enhancement to our team since January, serving as both IFP receptionist and Client Services administrative assistant. In addition to greeting visitors and fielding incoming calls, she helps process applications for new and recertifying clients, ensuring that all the required paperwork is in hand.



Julia Murtha recently joined our team as our part-time Special Events Assistant, working with our volunteer and development staff on fundraising, community outreach, and volunteer events as well as coordinating special projects such as the "We've Got Your Back" program.

We are so very glad to have them both as part of our team!

An Engaging Evening for Kids

Thanks to the **Page Hill Foundation**, IFP's client children were treated to an especially enjoyable experience during the evening distribution on April 19. While their parents were shopping, more than a dozen children participated in a hands-on workshop led by **Susie Schub** of the **Jumpstart Fund**, decorating treasure boxes that they could bring home! The Jumpstart Fund and its sister company **Caring Capital** lead programs to help nonprofit organizations, often benefitting the IFP.

The fun and engaging project, in keeping with the Foundation's efforts to offer enriching programs for children, was the first of two offered this year at the IFP. A second program, with all new materials and take-along gifts, will be held on May 18.



The children of our clients enjoy some creative time during a recent distribution session, which most prefer instead of tagging along with their parents while they shop!

Nutrition intern **Nathalie Duran** from Montclair State University has been helping out with food demonstrations, distribution, and even translations. Below, she's shown with some of the materials she translated for clients.



Healthy Choices & Garden News

Step Up to Kitchen To Table Program

Our **Kitchen to Table Program** continues to grow in popularity, and we are grateful for the support we've received in recent months from **Dun & Bradstreet** and **Drew University**, who have provided both funding and volunteer hands.

To ensure that we have meals prepared for Home Delivery clients, our goal is to host two groups per month. This is a fun and unique way to serve our neighbors in need and is open to any group that would like to help support it. **Perhaps you have a group of friends or club members who would like to gather to help others through this program.** It is a great means of team building for companies and other organizations.

The program (and kitchen) can accommodate groups of 8-15 people. A donation of \$1,000 covers the ingredients and other supplies, packaging and affiliated expenses.

If you are interested in learning more about our Kitchen to Table Program or sponsoring a group, please contact Doug at 973-538-8049 ext. 218.



Drew University students, faculty and families participated in a Day of Service celebrating Martin Luther King, Jr. by preparing meals for Home Delivery clients.

Resource Partners Draw Clients

In keeping with our commitment to serving as a resource center for our clients, the Pantry periodically hosts screening programs and health events, held on-site at the IFP.

In the first quarter of 2016, the **Community Food Bank of New Jersey** conducted a prescreening and application help session for SNAP (food stamps); **Atlantic Health System** offered glucose and blood pressure screening; a colorectal cancer workshop and nutrition session was run by the **New Jersey Cancer Education and Early Detection Program (NJCEED)** as well as a breast health workshop, and Rutgers ran a SNAP Ed program.

An Update On Our Garden!

Our 2016 Community Garden is well under way, and IFP **Garden Manager Erin Long** is grateful for the 9 new volunteers who stepped up to help!

With the support once again of **County College of Morris**, 800 seedlings have germinated and are being nurtured in preparation for distribution to clients.

Sow an Extra Row (or 2 or 3!)

As you begin planning your garden, please think of the difference you can make in a client's life by planting more than you need for your own use. Suggest the same to your family, friends, house of worship, or other organizations that might be willing to plant extra amounts as well, you can really make a huge difference. Last year we received more than 55,000 pounds of donated fresh produce. Let's see if we can beat that number this year, and keep lots of healthy fresh options available at the IFP for our clients!



Liliana Herrera, IFP Client Services Manager, poses with some of the fresh bounty provided by the **Community Food Bank of New Jersey**, including potatoes, carrots, onions and apples for our clients.

Gleaning Programs = Healthy Clients

Over the years we have partnered with many farms, bakeries, distributors and food markets to "rescue" food that is safe and good to eat but not able to be sold due to oversupply or nearing sell by dates. Some of those participating include **Trader Joe's**, **ShopRite in Parsippany**, and **Pepperidge Farms**.

Last year, the **Community Food Bank (CFBNJ)** invited us to join their gleaning program and take over handling the food from a number of local stores. These donations enhance the healthy food options we offer by adding fresh produce, dairy, breads, and meats. In 12 months, through the new sites provided, we gathered an additional 88,000 pounds of food, including almost 27,600 pounds of meat!

We are so grateful to our donor markets arranged through the Community Food Bank - **ShopRite of Greater Morristown**, **Stop & Shop of Morris Plains**, **Kings Food Market of Morristown**, and our most recent addition, **BJ's of Ledgewood**.



Val Schuslizer, IFP Warehouse Assistant, after gleaning food including meat from BJ's.

Board of Trustees

Meets 7:00pm on third Wednesday of the month

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David Bean, warehouse assistant

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Liliana Herrera, client services manager

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Bob Johnson, warehouse assistant

Anne Kneller, training coordinator

Carolyn Lake, director of community
relations & development

Erin Long, education & garden coordinator

Doug McMahon, volunteer coordinator

Julia Murtha, special events assistant

Maureen Papili, office manager

Wendy Potkay, business manager

Val Schuslzer, warehouse assistant

Bill Zackoff, food and facilities manager

Our Mission

► To improve the health and well being of Morris County residents in need by providing access to food, nutrition education and related resources.

► To provide hands on opportunities for neighbors to help neighbors.

► To educate the public about the issues of hunger in our area.

Hours

Food Drop-off, Tours & Visitors - Warehouse

2 Executive Drive, Morris Plains

Monday - Thursday 9:30 a.m. - 4:30 p.m.

Special arrangements by request

Food Distribution - Main Pantry/Warehouse

2 Executive Drive, Morris Plains

The First Four Weeks of the Month Only

Monday through Thursday 1pm - 3pm

Wednesday 6pm - 8pm

Saturday 10am - 12noon

1st & 3rd Tuesday 6pm - 8pm

Food Distribution - Satellite Pantry

190 Speedwell Ave., Morristown

Tuesday 9:30 a.m. - 12 noon

Wednesday 9:30 a.m. - 12 noon

Thursday 9:30 a.m. - 12 noon

Calendar

June/July

6/11-7/4 Kings Pantry Apple program

September

9/19 IFP Golf Outing Mount Tabor

Country Club

9/25 Action Against Hunger Food Drive

9/25 Fall Festival

November

11/5 Gary's Grand Wine Tasting

Statistics

January 1 - March 31, 2016

Lbs. of food distributed 247,944

Different households served 1,701

Different people fed 3,807

Avg. # households per month 1,132

Avg. # people fed per month 2,544

Avg. lbs. food per month 82,648

Double Your Gifts!

Did you know that many companies offer employees a matching gift program for donations made to non-profit organizations. Check with your Human Resources department to see if they will match your gift. Also, check out our website at www.mcifp.org to learn more about donating and workplace giving.

Please let us know if you prefer
electronic delivery of our
newsletter, or to be removed from
our mailing list. Call 973-538-8049
or email
interfaithfoodpantry@mcifp.org

TOO MUCH MAIL? 

Return Service Requested

Morris Plains, NJ 07950

2 Executive Drive

Interfaith Food Pantry