



# Interfaith Food Pantry

## Serving Morris County

### Hunger Quiz

Answer the following questions, TRUE or FALSE

- |   |   |   |
|---|---|---|
| T | F | 1. One in six Americans do not have dependable consistent access to enough food   |
| T | F | 2. One needs to be starving or malnourished to be considered “hungry”   |
| T | F | 3. Most individuals struggling with hunger are homeless and out of work   |
| T | F | 4. Most people in low income households would be fine if they just worked harder  |
| T | F | 5. Even college-educated people struggle with issues of hunger in this country  |
| T | F | 6. Very few children struggle with hunger because there are programs to take care of them.                              |
| T | F | 7. Households with children experience food insecurity at almost double the rate of households without children         |
| T | F | 8. 17,700,000 children in the U.S. are affected by hunger at some point over the year                                   |
| T | F | 9. The lack of adequate nutrition only affect children’s physical growth  |
| T | F | 10. In school, children from food insecure households perform just as well as children who have enough nutrition daily. |